

# CancerCare

(North Lancashire & South Cumbria)



## ANNUAL REPORT

and accounts for the year ending 31 March 2024



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# Statement from the Chair of Trustees and Chief Executive Officer



**CEO Alison Stainthorpe**

As ever, we are delighted to present our latest annual report for the period 2023/2024, covering what was a milestone year for CancerCare as we celebrated 40 years of providing our services.

Our 40th Anniversary year kicked off with a packed calendar of events, commencing with open days at Barrow, Kendal and Slynedales presenting the timeline of CancerCare and concluding with our sell-out Ball held at Morecambe Football Club.

The economic climate has remained a challenge due to the residual, negative impact of both the pandemic and the global political situation. Cash is not being carried as plentifully as it once was, and this has an adverse effect upon local fundraising and general giving. We closed the year with income at -£266k vs the previous year. Legacies, notoriously difficult to predict, were significantly down vs 2023 and highlights the importance of diverse, multiple income streams. We are working hard across all income streams to increase their contribution to our total income. In addition, focus upon efficiency has contributed to maintaining expenditure at 2023 levels.

The Big Conversation initiative which was started last year is central in our approach to efficiency and extensive consultation with our Therapists about how we maximise our services, has resulted in some new initiatives that are proving successful, demonstrating that we can reduce costs whilst maintaining an effective service to clients. For example, group-based therapies can be very effective for clients and are more efficient for our organisation.

The year presented an increase in referrals of 5%, however we have managed to reduce therapy costs by 5% through reducing the number of sessions available which is allowing us to manage therapy costs appropriately, albeit with the resulting implications of a waiting list.

We have experienced significant recruitment challenges throughout the period and have been unable to replace leavers in a timely manner. Appointing into new positions has also proved very difficult. This has resulted in a prolonged shortage of resources which has had an adverse effect on teams throughout the organisation.

These challenges highlight the efforts made by everyone throughout the organisation in whatever capacity they hold, the year has been a tough one for all. On behalf of the Trustees, I commend them all on their resilience, creativeness and commitment.

Finally, our thanks go out to all the supporters who make it possible for CancerCare to continue to provide its services. We remain independent of any other charity and of the NHS, therefore without income generated from fundraising activities, or the money donated by our many supporters, CancerCare would not exist.

Your support is our lifeblood and for this we thank you.



**Chair Andrew Birchall**

# Mission, Vision and Values

## Why we do what we do...

### Our mission

Providing therapies, help and support free to people of all ages affected by cancer throughout North Lancashire and South Cumbria.

### Our vision

To give people the strength to step forward. We will help people discover their capacity for life when times are tough - with the professional help, emotional support and collective strength to face whatever is next.

### Our values

#### We are PERSONAL

When we look at people, we don't see their condition, their trauma or their fears. We see individuals, each with a complex mix of experiences and emotions, challenges and hopes. Helping them starts with recognising, respecting and valuing it all - in all our clients, in our supporters and in each other.

#### We are COMPASSIONATE

Caring for others is a powerful tool. It might seem like the softest of skills, but it's our way of making a huge, heavy-hitting impact. When we start each day with kindness and sensitivity, we will end it having touched people's lives for the better.

#### We are INSPIRATIONAL

Human spirit is miraculous. People's capacity to get back up, to look past what life throws at them - it's our inspiration and our purpose. With a healthy dose of our own spirit, we help people find their strength and courage. To cope, to rebuild and to move forward.

## Sue's Story:

Sue Godward from Morecambe found her world turned upside down when tests revealed she had colorectal cancer.

"It was very scary; everything was happening so quickly," said Sue. "I'm normally a very confident and bubbly person but that all changed following the diagnosis. I was always very body confident, too, and used to enjoy wearing bikinis on the beach, but I had to have major surgery to treat the cancer and my body changed a lot. It left me unable to walk and I felt disfigured with all the stitches and the stoma. I developed a very negative image of myself."

Sue got in touch with CancerCare and she attended massage and reflexology sessions with therapist Angela.

Sue continued: "It was amazing. Being able to talk to Angela helped me feel so much better about myself. She helped me to improve my walking - she literally helped me get back on my feet and I got my sparkle back! I felt like I was being looked after during a really bad time. I can't thank CancerCare enough for being there when I needed it the most."



**"I felt like I was being looked after during a really bad time. I can't thank CancerCare enough for being there when I needed it the most"**

Sue Godward



# Objectives & Activities

## Why we do what we do... (continued)

**At CancerCare, we understand that facing cancer or bereavement is more than just a physical issue. Indeed its impact reaches beyond the patient, often affecting those around them.**

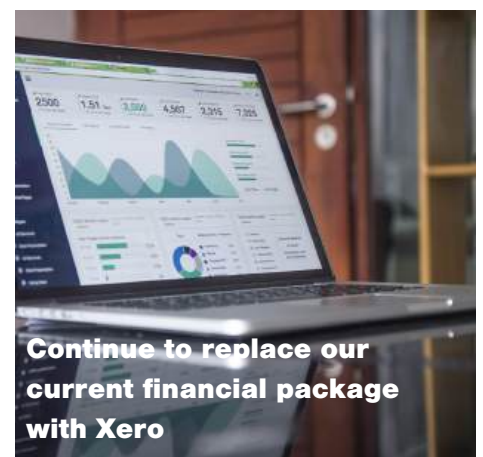
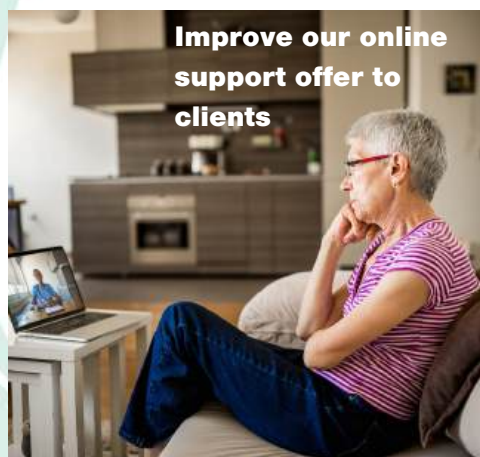
We aim to:

- Provide a comprehensive support service for individuals facing cancer, life-limiting illnesses or those bereaved by cancer, life-limiting illness, sudden and unexpected death. We also aim to support their carers, families and friends.
- Ensure the period of support extends from diagnosis, through treatment to the survivorship or terminal phase, working with, and supporting, colleagues within the National Health Service (NHS).
- Support all clients to attain and maintain the maximum level of mental, social and physical well-being compatible with their illness.
- Build upon 40 years of heritage.
- Develop a platform for the future that will ensure sustainability.

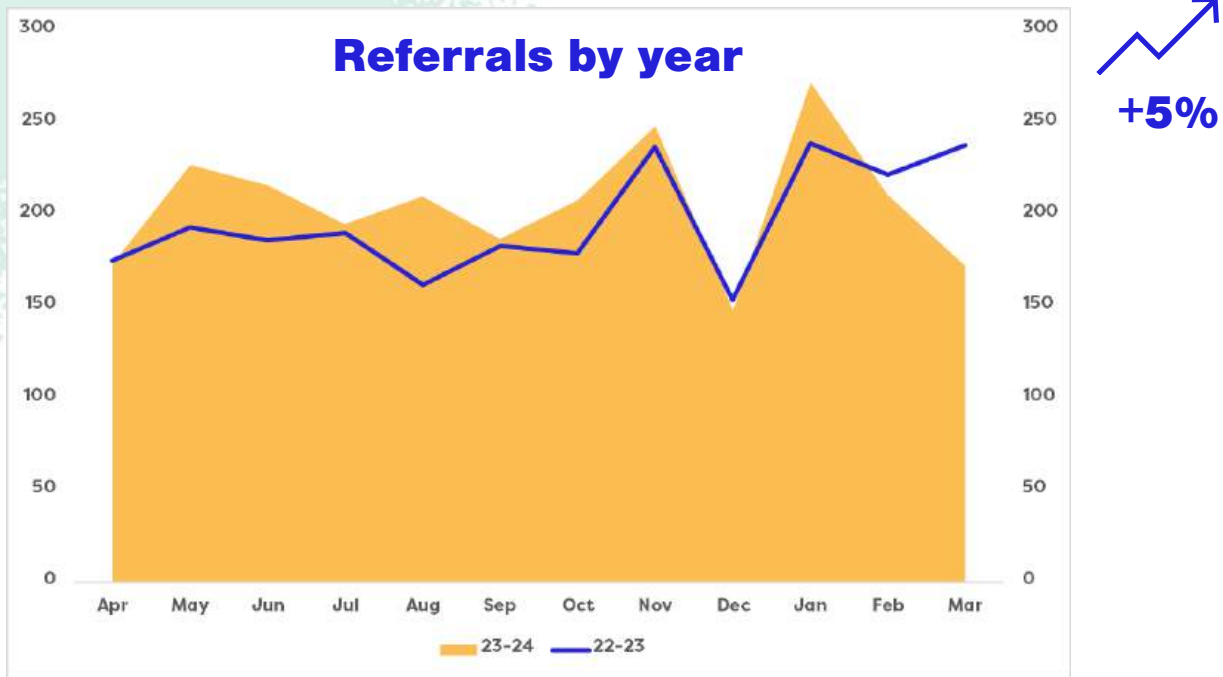
We cover a wide geographical area across North Lancashire and South Cumbria with centres in Lancaster, Kendal, Barrow and Morecambe. We are proud to have helped tens of thousands of local people since our formation in 1983. It is clear that we cannot stand still and through the delivery of our three-year plan we are committing to continue to develop the services and reach of CancerCare.

## Looking ahead

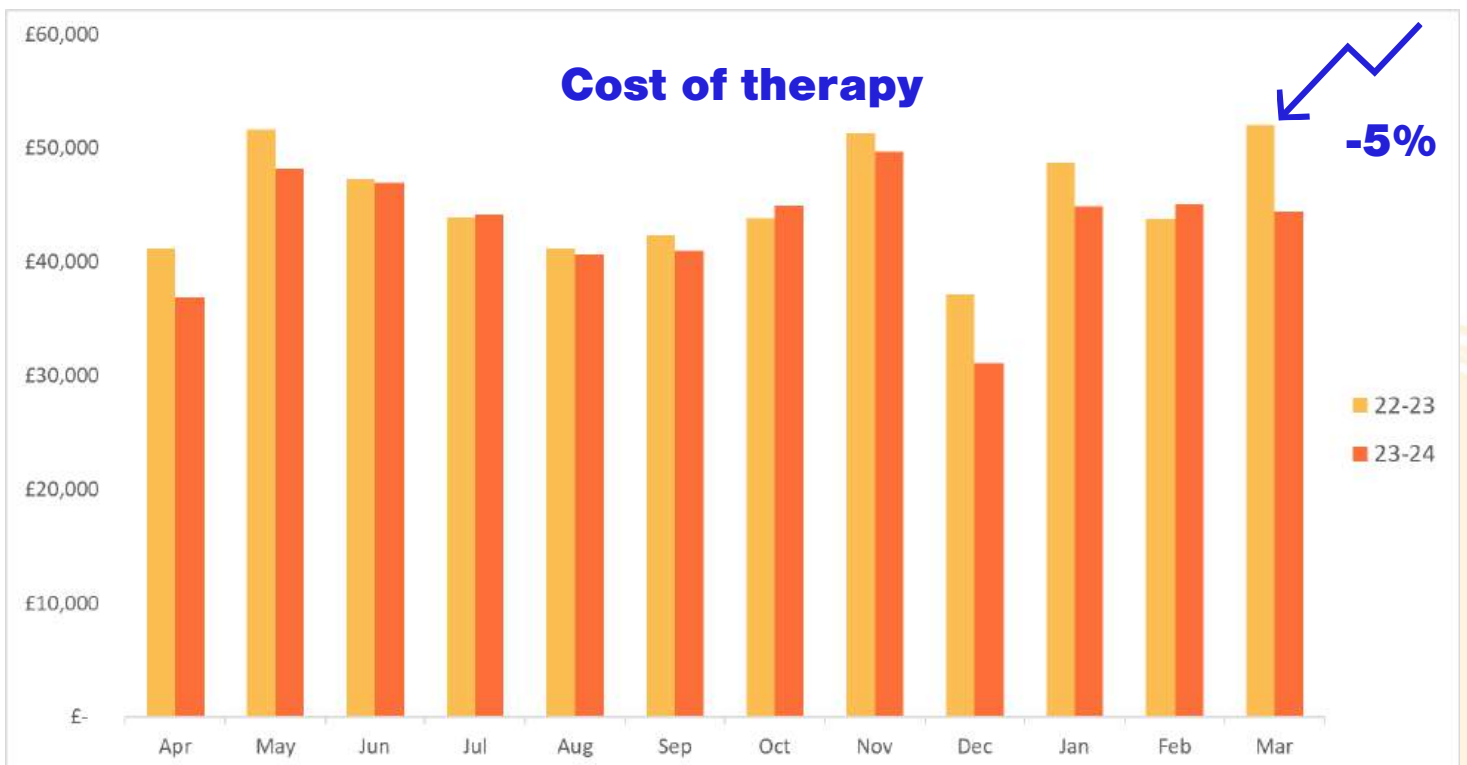
### In 2024/25 we will...



# Achievements & Performance



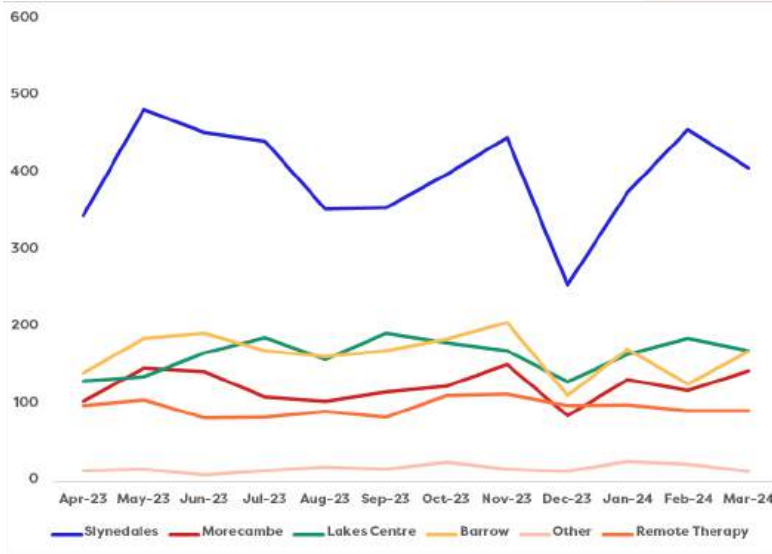
We have seen a 5% increase in referrals this year. Despite this increase, we have reduced our therapy costs by 5% over the last 12 months. This is in part due to the reduction in the number of sessions per referral offered, and fewer face-to-face sessions offered by therapists in centres. This has resulted in an increase in waiting times for allocation to therapy but has stopped the rise in therapy costs.



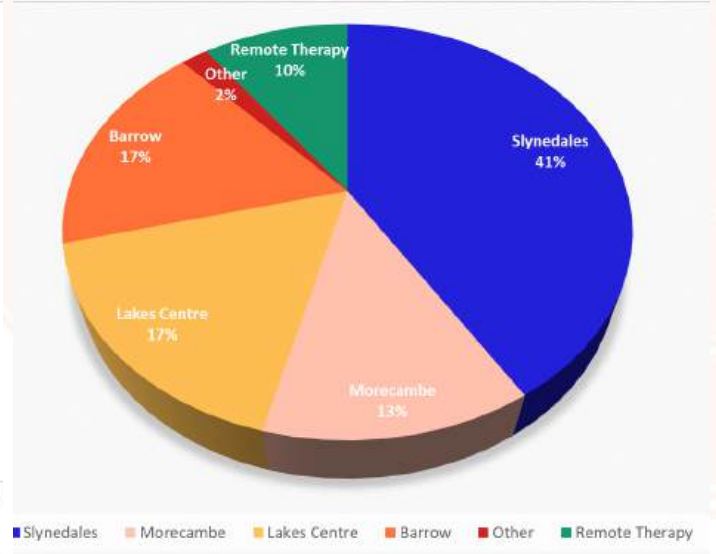


# Achievements & Performance

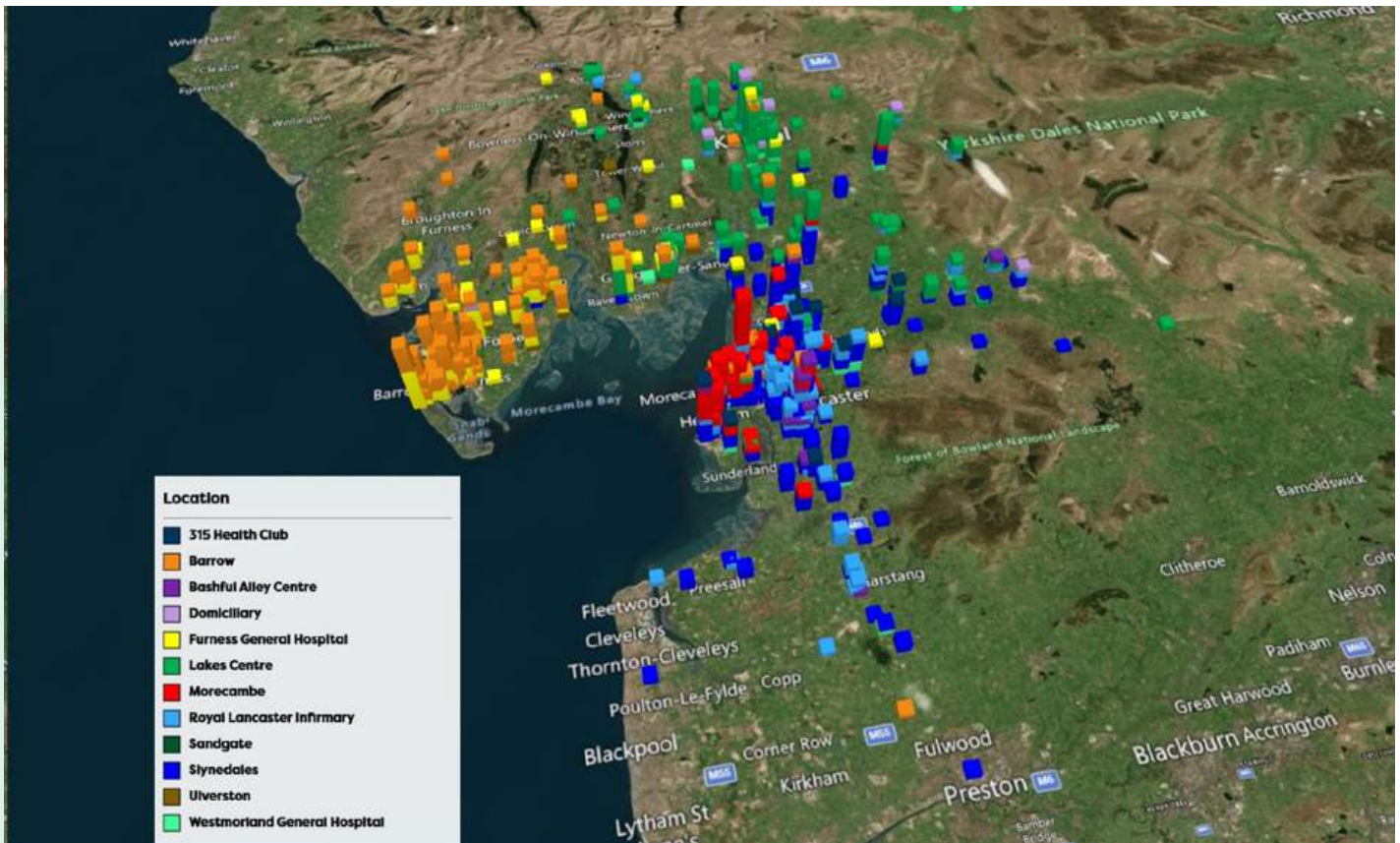
## Attendance by location



## % by location



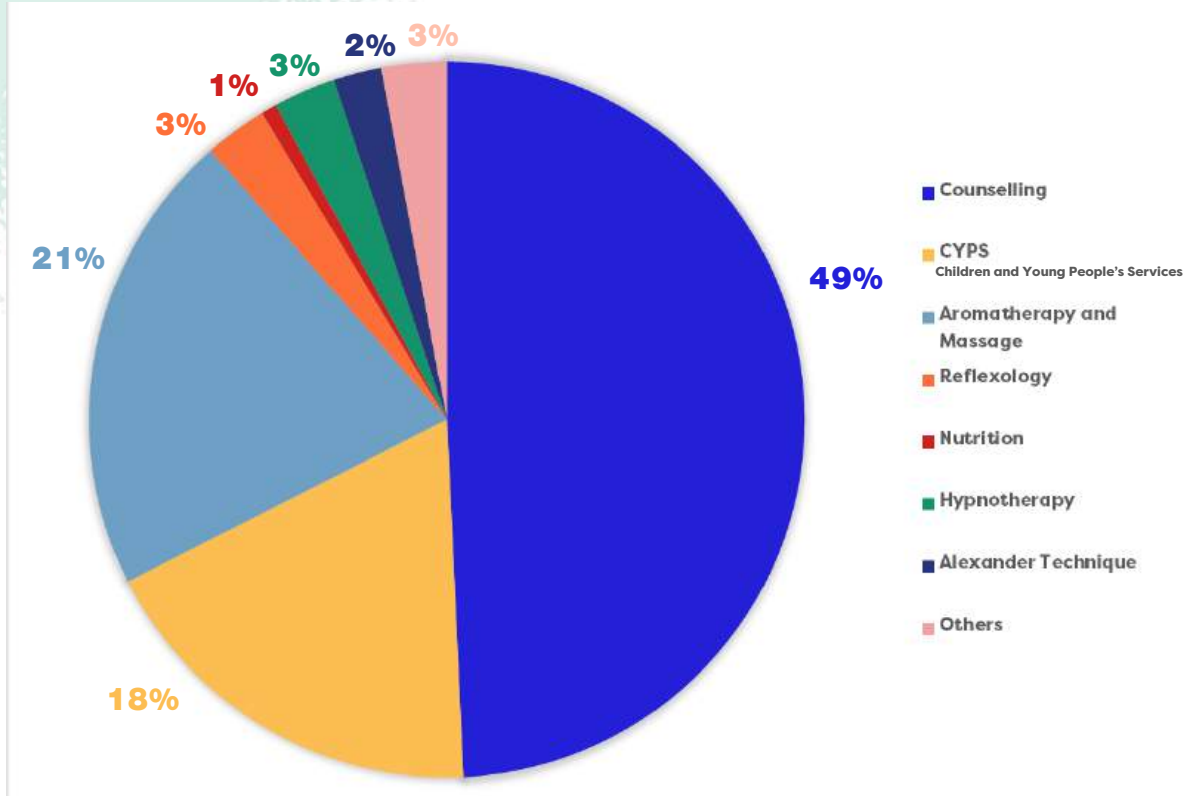
## Where our clients come from...



Overall, we have seen a reduction in sessions attended. One major factor in this was the decision to close the centres over the Christmas period. The one exception to this trend was in the Lakes Centre (Kendal) which saw more 1-to-1 sessions take place than in 22/23. Kendal tends to be less impacted by factors such as school holidays compared to other centres.

# Achievements & Performance

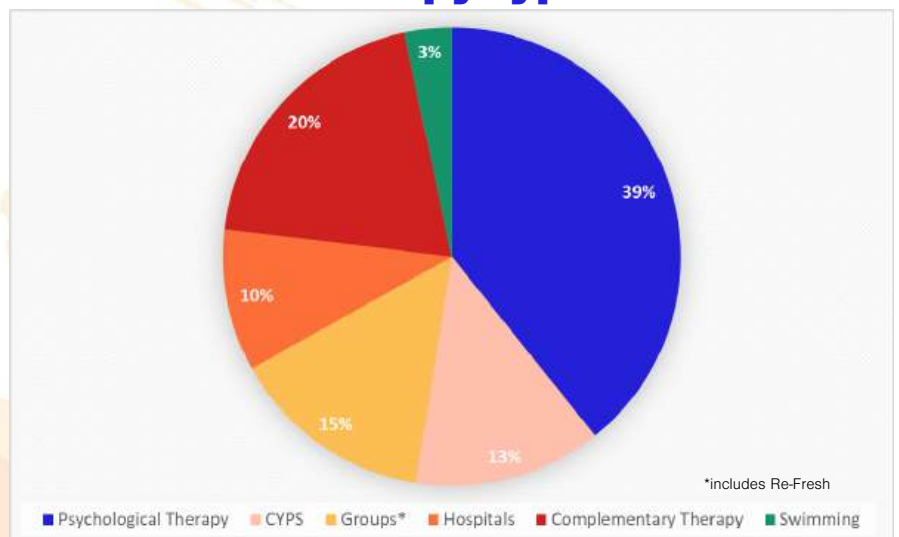
## 1:1 attendance by therapy type



1:1 Therapy type	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24	Total
Counselling	412	509	474	500	445	480	517	535	370	491	504	484	5721
CYPS	165	243	218	179	127	152	146	182	130	194	176	208	2120
Aromatherapy and Massage	174	212	248	234	221	209	229	243	118	170	198	182	2438
Reflexology	27	39	42	27	18	12	13	26	9	36	39	41	329
Nutrition	0	5	2	8	8	0	17	9	9	8	4	12	82
Hypnotherapy	20	17	26	22	24	31	32	44	25	18	35	32	326
Alexander Technique	11	24	9	16	26	34	31	26	16	26	23	12	254
Others	28	30	31	22	23	19	42	43	20	31	26	27	342

## Therapy types

There has been a minor reduction of most therapy types other than counselling. Some of this can be attributed to a increased proportion against hospital work, which has not had a reduction in hours.

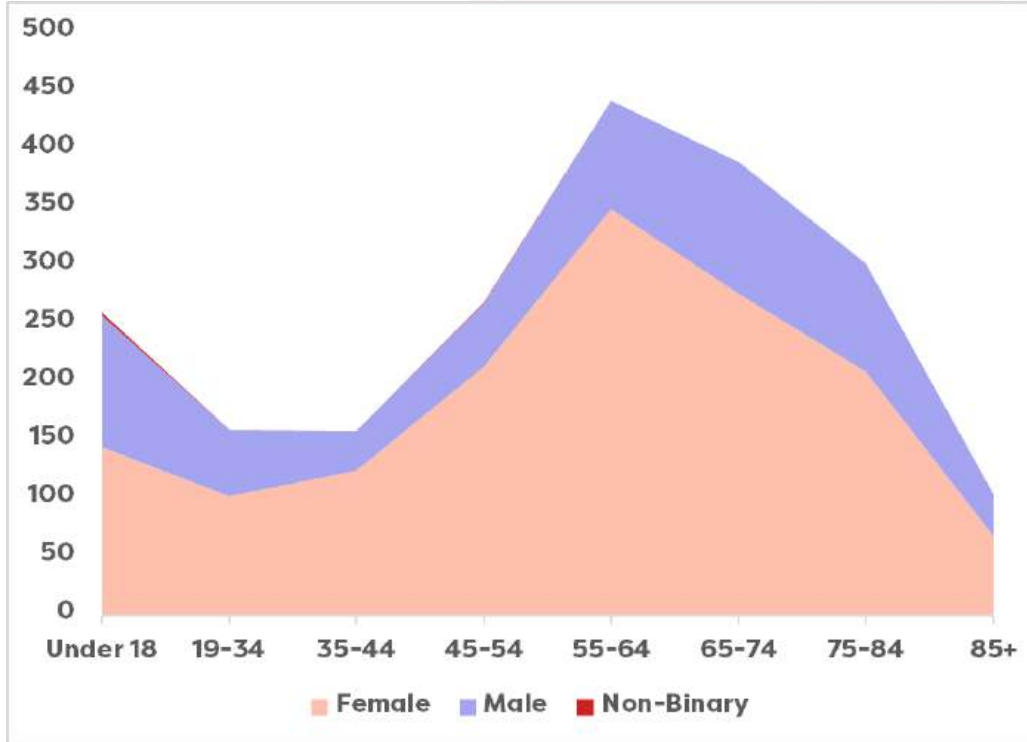




# Achievements & Performance

## Demographics

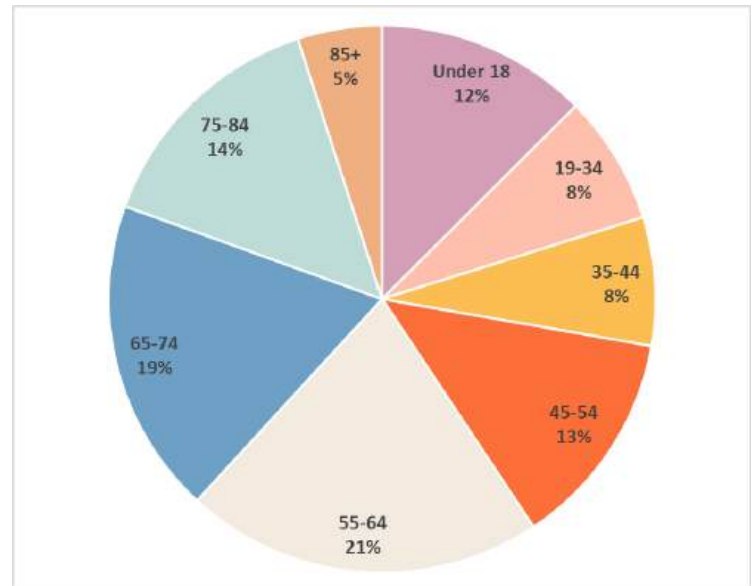
### Clients by age group



**1,477**   
Female

**593**   
Male

**4**   
Non-Binary



We have seen a slight increase in the number of male clients this year, albeit the overall total is still just under 30%. The number of men we are supporting has once again increased slightly compared to the previous year.

# Achievements & Performance

## Outcomes

Every client, where appropriate, is sent a questionnaire which asks various questions about their therapy, which are graded from 1 to 4. Here are the results based on 336 completed analyses from 01/04/2023 to 31/03/2024.

Rate the benefit of therapy	
<b>1 - Not at all</b>	<b>1%</b>
<b>2 - A little</b>	<b>6%</b>
<b>3 - A lot</b>	<b>26%</b>
<b>4 - Greatly</b>	<b>67%</b>

Was CancerCare welcoming?	
<b>1 - Not at all</b>	<b>0%</b>
<b>2 - A little</b>	<b>0%</b>
<b>3 - A lot</b>	<b>13%</b>
<b>4 - Greatly</b>	<b>87%</b>

Rate your experience	
<b>1 - Very poor</b>	<b>0%</b>
<b>2 - Average</b>	<b>1%</b>
<b>3 - Good</b>	<b>10%</b>
<b>4 - Excellent</b>	<b>89%</b>

Would you recommend CancerCare to others?	
<b>Yes</b>	<b>100%</b>
<b>No</b>	<b>0%</b>

Furthermore, adult clients in our centres are asked to complete a MYCaW (Measure Yourself Concerns and Wellbeing) form at the start and end of their therapy – with the focus being on the change in two client specified areas over the course of the therapy. These are recorded, categorised and scored. MyCaWs measure concerns on a scale of 0 to 6, where 6 indicates that the concern or wellbeing are as bad as they can be and 0 is as good as things can be. We are looking to reduce these scores as much as possible through the service we provide.

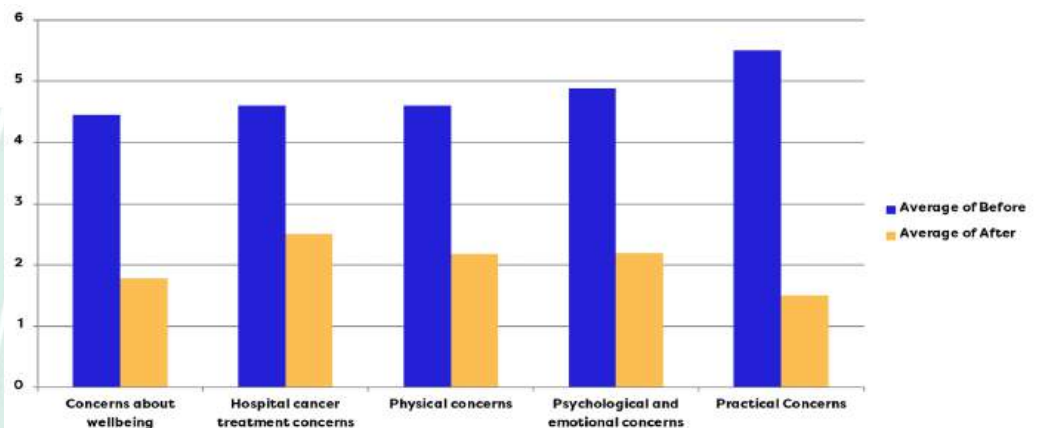
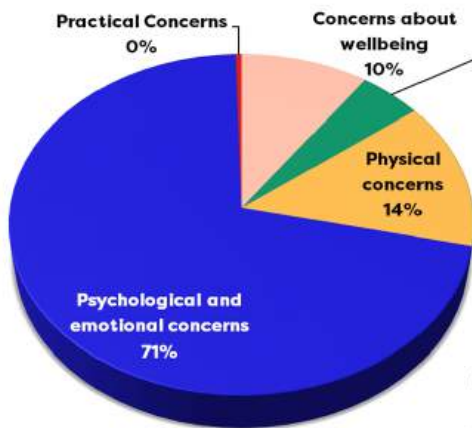
Average scores	Before	After
<b>Concerns</b>	<b>4.8</b>	<b>2.2</b>
<b>Wellbeing</b>	<b>3.8</b>	<b>1.8</b>



# Achievements & Performance

## Outcomes (continued)

Area of concern	Before	After
Concerns about wellbeing	4.5	1.8
Hospital cancer treatment concerns	4.6	2.5
Physical concerns	4.6	2.2
Psychological & emotional concerns	4.9	2.2
Practical concerns	5.5	1.5
<b>Overall average</b>	<b>4.8</b>	<b>2.2</b>



Clients under the age of 18 are given a similar questionnaire, SDQ (strengths and difficulties questionnaires – youth in mind) – where a series of questions are asked at the beginning and then compared to answers at the end of therapy. (continued on next page)

# Achievements & Performance

## Outcomes (continued)

Issue	Start	End
Emotional Stress	6.6	4.3
Behavioural difficulties	2.6	2.2
Hyperactivity & concentration issues	6.0	4.6
Difficulties getting along with other young people	2.9	2.4
Kind & helpful behaviour	6.7	8.1
Impact of any difficulties	3.6	1.6
<b>Overall average</b>	<b>18.1</b>	<b>13.5</b>

The areas of concern are scored from 0-10 - like MYCaWs, we are hoping to reduce these scores; the one exception being Kind and Helpful Behaviour, which we would like to increase. The overall average is based on just the first four measures.

In addition, we are also trialling the use of the HACT's (Housing Association Charitable Trust) Social Value Calculator, to evaluate the financial impact of the work we do.

Similar to MYCaWs and SDQs, clients are asked a series of questions at the beginning of their therapy, and again at the end. The answers given to these, and the differences between them, are used to calculate a financial value of the therapy received, in terms of the fiscal benefit to other organisations, such as benefits, tax income and cost reductions.

On average we are seeing an average HACT social value benefit of around £5k - were this replicated across all our 1:1 work in 2023-24, this would equate to a social value benefit of approximately £7.18 million.

Therapy	Average saving
Complementary Therapy	£2,724.65
Counselling	£5,420.03
<b>Overall per client</b>	<b>£5,034.98</b>



# Achievements & Performance

## Services & Engagement update

### HELPING OUR CLIENTS

We have had our busiest year ever, helping over 2,000 clients. CancerCare has held nearly 17,000 therapeutic sessions this year; which is an incredible achievement!

### THE “BIG CONVERSATION” AND THERAPIST-LED BEREAVEMENT GROUPS

Last year, the “Big Conversation” looked at how we can maximise the number of people our service can support while remaining sustainable. One idea, sparked from therapist and client discussion, was that of therapeutic groups. Excitingly, we are now implementing our first structured therapist-led bereavement group, aided by the funding we received from the National Lottery’s Awards for All.

The pilot study allows us to design a framework for the group to be rolled out to other centres, which it will do over the coming year. We have asked ourselves key questions, such as which clients will benefit most from the intervention? How do we hold a safe space for the clients? What grief theory do we want to cover? How do we measure the impact on clients, and how do we uphold our professional and ethical standards?

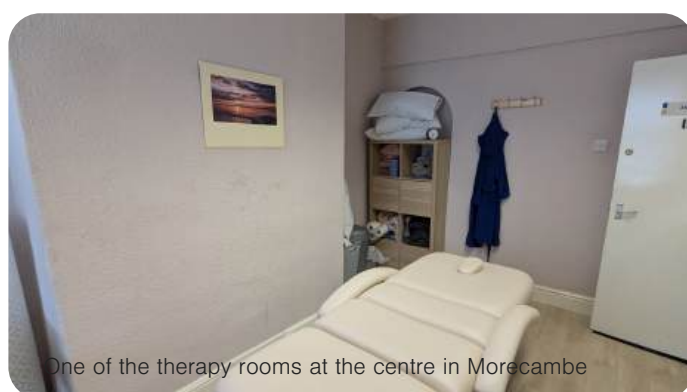
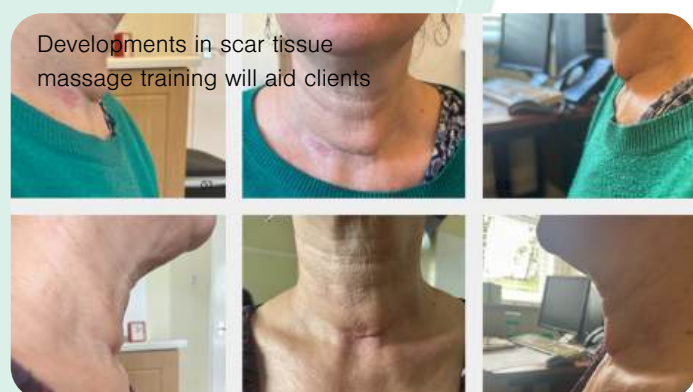
This has led to us creating guidelines for which clients may not be appropriate for groupwork, including those who have experienced a bereavement of less than six months ago so their grief is still raw, and those with more complex needs. These clients would do better with the focus of 1-to-1 counselling.

The group will be held by two experienced counsellors and each session will have an educational aspect. For example, discussing a particular theory of grief and then a space for clients to share their grief journey.

Grief can be a lonely road and being part of a therapist-led group provides clients with a safe space to talk through their emotions while feeling cared for and respected. It allows for connection, too, and we hope that clients may form friendships which support them once their group has finished.

### CPD FUND

Therapists utilised the Continuing Professional Development (CPD) fund to gain qualifications in Scar Tissue Massage Practitioner and Trauma Informed Dietetic Care. Both qualifications are highly relevant to the work at CancerCare and have added to our wealth of knowledge and experience. This has enabled clients to gain more specialist care.



# Achievements & Performance

## Services & Engagement update (continued)

### RE-FRESH PEER SUPPORT GROUPS

We have continued to develop and run our peer support services at Slynedales in Lancaster and at Duke Street in Barrow over the last 12 months to an increasing number of young people. Sadly, we had to put our peer support services in Kendal on hold whilst we rebuild the group and reappoint staff.

Our Re-Fresh groups offer a wider choice of services to young people aged between 12 and 17 years old whose family or friends are affected by cancer and life-limiting illness and those bereaved through any reason. The sessions focus on social engagement, building self-confidence and meeting others who have had similar experiences. The aim of our group is to connect with peers and have fun!

Young people in the group are at the heart of our work. We use an action research approach to design our activities and themes around the interests and issues that affect young people. Over the last 12 months we have enjoyed cooking and eating together, karaoke nights, horse riding, quad biking and making time to sit and chat around our fire pit.



### ENGAGEMENT

Our Engagement Workers, Sarah Drake and Mai Harrison, have spread the word about CancerCare far and wide across the district this year. They have networked with the NHS and Macmillan cancer services, local businesses, colleges, universities and the local community, sharing lived experience accounts of cancer diagnosis and bereavement, hosting open days, pop up events, consultations and a Well Women's evening.

In all, our team have worked tirelessly to raise awareness of CancerCare services and the benefits of holistic therapies.

Engagement as such is pivotal to the development of our services and we are committed to being embedded in a thriving network of services in our community who seek to improve healthcare outcomes in our community.



# Achievements & Performance

## Fundraising update

We are still feeling the impact of a post-covid world, seeing trends such as last-minute commitment to sign up to events and less cash being carried around. Therefore, we are constantly needing to adapt the way that we fundraise. Cancer has been in the news a lot, with the announcement of both the King's and Princess of Wales' diagnoses, as well as the sad death of TV presenter and Barrovian Dave Myers. This has put more focus on the fact that cancer doesn't discriminate and anyone is at risk. This has helped to enhance our messaging when asking for funding support.

We launched Dare2Dip as an annual virtual fundraiser for our 40th Anniversary year, and we've seen a range of businesses, supporters, staff and politicians take on a cold water dip, raising over £17,000 across the year. We have been extremely thankful to our supporters who have organised community fundraisers or taken on their own personal fundraising challenges, often in memory of loved ones. There have been some unique fundraisers including an Everest pole climbing challenge, head shaves, book launches, bikes and hikes, and not forgetting the inspirational Lakeland Wild Swimmers' charity calendar.

Some highlights from the year included raising a record amount of £16,890 from our Big Give Christmas campaign, raising another record amount of £13,500 from Keswick/Coniston to Barrow, and seeing the return of our global trek, where seven fundraisers took to the Sahara Desert and raised over £15,000! Our Christmas season was busier than ever with the introduction of a new partnership for the BIG Santa Dash and a Santa's grotto. The return of our Leighton Hall Christmas fair was also a huge success.

Fundraising would be impossible without the support from our individual donors, lottery players, community fundraisers, local businesses and trust and grant funders. We would also like to thank those who are sadly no longer with us but were generous in their last wishes and left us a lasting legacy via a gift in their Will. Thank you.



## A celebration of 40 years!

The year kicked off with birthday celebrations and the unveiling of timelines in each of the centres recording the work of CancerCare in those areas. These were primarily press opportunities and were followed up by open days at three of the centres to which past and present staff, volunteers, trustees and supporters were invited, along with local dignitaries, clinical staff and members of the business community.

The open days proved an excellent opportunity to reconnect and as a direct result a number of past supporters chose to take up the fundraising baton again, including Jane Reedy who has done so much for us in the past and Tim Farron MP who raised £2.5k in the Coniston 14 race for CancerCare.

We designed an exclusive 40th logo and sold 40th t-shirts and pin badges at our events. We adopted the same colour theme at our 40th Anniversary Ball which concluded the celebrations in March 2024. The Ball was a resounding success, bringing together staff, trustees and supporters past and present and raising £23,400 in total.





# Achievements & Performance

## Fundraising update



Stacey runs London Half Marathon



Laker Legal walk 14km



Lights on the Lawn - In Memory



Keswick to Barrow Walk



Cartmel Races Day



Lancaster and Morecambe college 80 mile cycle



Lakeland Swimmer's Charity Calendar



Dare2Dip Campaign



Cross Bay Walk



Jordan's 100ft Abseil



Jamie and Sean Race around the Netherlands



Team Dylan Climb The 3 Peaks



David Runs Lancaster Jail Break 10k



Chapel Island Walk



Great North Run



# Achievements & Performance

## Fundraising update



Westmorland County Show



Well Women's Night



English Hardwood Top 3 in Lancaster Crazy Races



Autumn Fest Barrow



Iain Runs Yorkshire Marathon



Monster Mash Boo-wling Night



The Big Give



Leighton Hall Christmas Fair



Ellie Sells 'Best Presented Lamb'



Santa Dash



Bex Poles Climbs Height of Mount Everest on Poles



Greased Whodunnit Night



Henry and Team Climb Snowdon



Sahara Trek



40th Anniversary Ball



# Report of the Trustees

## Governance, Structure & Management

### Legal Entity

CancerCare North Lancashire and South Cumbria is a company limited by guarantee and is governed by its Articles of Association.

### Charitable Objectives

- To relieve sickness and suffering of people facing cancer and other chronic or life-limiting illnesses, and of their carers, families and friends during and after such illness or illnesses.
- To provide or assist in providing forms of therapies and support to meet individual needs.
- To educate the public in order to broaden understanding and knowledge of vital aspects of cancer, such as prevention, detection, relief and treatment.
- To undertake or promote research into prevention, detection, relief and treatment and to encourage the dissemination of the results of such research for public benefit.

### Trustees: appointment and induction

CancerCare recognises that a robust, independent and effective Board of Trustees is essential if the charity is to achieve its objects; that the Board must have available to it all of the knowledge and skills required to govern the charity.

New Trustees are recruited through advertisements in the media and a range of networks in line with the charity's Recruitment of Trustees Policy and Equal Opportunities.

They are appointed by a sub-committee of the board and formally appointed at the Annual General Meeting of the charity to serve for a three year term, renewable to a maximum of nine years.

All new Trustees receive a formal induction and are encouraged to spend time over the course of their first six months in office with each member of the management team.

They also receive a Trustee induction pack that includes various key documents as well as Charity Commission guidance on effective non-profit governance.

In addition Trustees are asked to undertake various online training modules in relationship to Information Governance and Safeguarding. An annual away day is also held with the Trustee Board. Trustees receive no remuneration for their time and can claim only documented expenses incurred in carrying out their duties in line with the volunteer policy.

No employee benefits were paid to any of the Trustees during the current or period year.



The BIG Santa Dash

# Report of the Trustees

## Governance, Structure & Management

### Organisational structure, Governance and Management

The Board of Trustees meets bi-monthly but delegates the daily running to the CEO and leadership team comprising Head of Therapy Services, Head of Client Services & Development, Head of Fundraising & Marketing, and Head of Finance & HR. A management committee meets bi-monthly comprising of the Chair, Vice-Chair, Treasurer, CEO and the leadership team. This meeting is in advance of the Trustee meeting.

In addition, certain work is delegated to one of four sub committees:

- Finance sub-committee – responsible for detailed financial analysis, managing investment and risk and review of reserves policy
- Service development group—responsible for the development of new service recommendations
- Remuneration committee – responsible for all matters relating to paid staff, including key management personnel
- Income generation sub-group –to advise and oversee the development and implementation of a comprehensive income strategy for CancerCare

Each Group comprises Trustees and staff and reports to the Trustee Board.

### Staff

The Trustees are grateful to all members of staff, PAYE and our sessional team for the outstanding work they do.

CancerCare seeks to be an employer of choice and reviews on an annual basis the level of remuneration and other benefits awarded to staff.

### Volunteers

The Trustees recognise the extremely valuable contribution made by volunteers and wish to thank each and every one of them for their commitment.

Our incredible volunteers continue to play a vital role in delivering our charity objectives. There are many volunteers across all departments of CancerCare, with their contributions of work including:

- **7971 hours** aiding the running of the centres
- **499 hours** attending events
- **20 hours** covering Re-Fresh

Whether working on reception, doing essential admin, driving our clients or helping out at one of our fundraising events, our volunteers make a huge difference every single day.



Volunteer Cath White

**“Following my husband’s death I needed to get out into the world and interact with people. While looking after Ronnie and going to various groups, I met some wonderful people who gave their time to help me and others along our journey. I decided I could do the same.**

**“I am only a small part of this wonderful organisation, but if I can help bring a smile to someone’s face, listen and help them relax before seeing a therapist, I feel good about myself. It’s so rewarding.”**

Volunteer Cath White



# Report of the Trustees

## Risk Management

### **The Trustee Board is sensitive to potential risks to which the charity may be exposed.**

The Board has approved a detailed risk map and this is reviewed fully every 12 months. The main areas covered include:

- Finance and Fundraising
- Governance and Compliance
- Environmental and External Factors
- Client Satisfaction and Service Delivery
- Operational

In addition, all reports to the Board of Trustees requiring a decision contain an explicit section covering risk to ensure that these are understood and mitigating actions are covered as appropriate.

There are also some inherent risks associated with the management of confidential client data. CancerCare has developed robust information governance procedures and associated training for staff.

To maintain operational integrity, policies and procedures covering all aspects of day to day operations are subject to formal review on a rolling one to three year basis including a business continuity plan.

### **Public Benefit**

From April 1, 2008, the Charities Act has required all charities to meet the legal requirements that its aims are for the public benefit.

The Charity Commission in its 'Charities and Public Benefit' guidance states that there are two key principles to be met in order to show that an organisation's aims are for the public benefit. Firstly, there must be an identifiable benefit and secondly, the benefit must be to the public or a section of the public.

The Trustees are satisfied that the aims and objectives of the charity, and the activities reported on in this annual report to achieve those aims, meet these principles.

### **Fundraising Standards**

The charity undertakes fundraising activity via events, lottery, charity places, sponsored events and other such activities. The Trustees abide by the Code of Fundraising Practice set by the Fundraising Regulator in overseeing the fundraising activities of CancerCare and any third parties fundraising on its behalf.

We train our fundraising staff and volunteers to reinforce our fundraising ethics, policies and procedures. Our volunteers are supervised in their activities by charity staff to ensure compliance.

We received three complaints in total to the period 31st March 2024. One relating to the lottery and two relating to therapy services.

### **Working with Others**

CancerCare is committed to working in collaboration with others who share an interest in improving outcomes for people of all ages impacted by cancer or bereavement to access support and help when they need it.

The charity will not duplicate work that is already meeting the needs of people impacted by cancer.



Kendal's Mayor Julia Dunlop celebrates CancerCare's 40th birthday

# Report of the Trustees

## Financial Review

**The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by charities.**

### Income and expenditure

Total income for the year was down by £265,783 at £1,570,570 (2023: £1,836,353). This was largely due to a reduction in the number of legacies we received. It has been a challenging year with staffing shortages but good to see both an increased uptake of our events and an improvement of some of the traditional fundraising income streams, despite the ongoing cost of living crisis. Awards from trusts and income from grants continue to make a significant contribution to our work and we are grateful for this recognition of the value of our services by the funders who have supported us.

We experienced our busiest year helping over 2,000 clients and holding nearly 17,000 therapeutic sessions. Unfortunately, this has meant holding a waiting list to access our services.

Continuing our 'Big Conversation' and looking at ways to ensure the financial sustainability of the Charity against a backdrop of increasing referrals, we reduced the number of therapy sessions, looked to increase our group offer and increased our waiting list. As a result of these measures our expenditure remained static compared to the previous year £1,785,282 (2023: £1,789,042)

We ended the year with a deficit of £214,712 which was reduced by a net gain on investments of £37,440 to a deficit of £177,272.

### Investment Policy

Our portfolio of investments is managed by Rathbones Investment Management on a discretionary management basis. This last year has seen global markets slowly starting to pick up and the main economic drivers for markets remains inflation and in response to this, interest rates. Rathbones continue to actively monitor these factors and position our portfolio accordingly within our risk tolerance.

We receive quarterly performance reports, and our Investment Manager is invited to our finance committee meetings as required.

We have an Investment Policy in place which is reviewed annually by the Trustees.

### Going Concern

The Trustees are able to confirm that they are of the opinion that there are no material uncertainties related to events or conditions that cast significant doubt over the ability to continue as a going concern.





# Report of the Trustees

## Financial Review

### Reserves Policy

The Trustees are keen to ensure that funds donated to the charity are not only used on the highest priorities delivering impact but also that those funds are promptly used so that impacts and benefits can be realised as soon as practical. The Trustees need to balance this objective with the need to maintain financial prudence and ensure the long term financial sustainability of the charity.

The Trustees have adopted a Reserves Policy based on a detailed risk assessment of all the charity's income streams.

Based on the latest analysis, the target Reserves level remains at £550,000 with a tolerance of £150,000 either way. Only if the wider limits are breached do Trustees require the Executive Leadership Team to present plans for re-alignment.

Total funds for the year ended 31 March 2024 amounted to £1,777,760 (2023: £1,955,032).

	2024	2023
Restricted Building Funds	£984,086	£1,005,132
Restricted Income Funds	£96,292	£110,152
Trustee Designated Funds	£61,163	£115,191
General Funds (RESERVES)	£636,219	£724,557

Reserves are ahead of the targeted level at year end. However, Trustees have approved a deficit budget for the year to 31 March 2025. Our fundraising activities continue to grow but we recognise that the cost of living and inflationary pressures are impacting on our income. Our surplus reserves allows us to absorb this in the short term and we continue to carefully monitor our costs to ensure we can deliver our charitable activities in the longer term.

Designated funds are created to meet specific identifiable project spends and are detailed in the main body of the accounts.



The CancerCare scarecrow at Ulverston's Ford Park Scarecrow Festival



# Statement of Trustees' Responsibility

The Trustees (who are also the directors of CancerCare (North Lancashire and South Cumbria) for the purposes of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The Trustees have taken advantage of the small companies' exemption in the Companies Act 2006.

Company law requires the directors to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the income and expenditure of the charity for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and accounting estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the ongoing concern basis unless it is inappropriate to presume that the company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the

financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Insofar as each of the directors of the charitable company at the date of approval of this report is aware there is no relevant audit information (information needed by the company's auditors in connection with preparing the audit/report) of which the company's auditors are unaware. Each director has taken all the steps that he/she should have as a director to make themselves aware of any relevant audit information and to establish that the company's auditors are aware of that information.

## Auditor

Following the merger of MHA Moore & Smalley with MHA, the charity's independent auditor has now become MHA. A resolution to reappoint MHA as independent auditor will be proposed at the next Annual General Meeting.

Approval was given by the Trustees for this report and is signed on the Board's behalf by

.....

**Ms A. Stainthorpe. Company Secretary**

.....

**Mrs H. Caldwell. Treasurer Trustee**

# Independent Auditor's Report

## To the Trustees of CancerCare (North Lancashire & South Cumbria)

**YEAR ENDED MARCH 31 2024**

### Opinion

We have audited the financial statements of CancerCare (North Lancashire and South Cumbria) (the 'charitable company') for the year ended 31 March 2024 which comprise of the Statement of Financial Activities, Balance Sheet, Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- Give a true and fair view of the state of the charitable company's affairs as at 31 March 2024, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- Have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- Have been prepared in accordance with the requirements of the Companies Act 2006.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report.

We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### Other information

The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

# Independent Auditor's Report

## To the Trustees of CancerCare (North Lancashire & South Cumbria)

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- The information given in the trustees' report is inconsistent in any material respect with the financial statements; or
- Sufficient accounting records have not been kept; or
- The financial statements are not in agreement with the accounting records; or
- We have not received all the information and explanations we require for our audit.

### **Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement set out on page 23, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate charitable company or to cease operations, or have no realistic alternative but to do so.

### **Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 1443 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists.

Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outline above, to detect material misstatements in respect of irregularities, including fraud. The specific procedures for this engagement and the extent to which these are capable of detecting irregularities, including fraud is detailed below:



# Independent Auditor's Report

## To the Trustees of CancerCare (North Lancashire & South Cumbria)

- Enquiries with the board about any known or suspected instances of non-compliance with laws and regulations, including fraud;
- Challenging assumptions and judgements made by the board in their significant accounting estimates, in particular in relation to provisions;
- An evaluation of the risk of management override of controls and subsequent testing, including through testing journal entries and other adjustments for appropriateness;
- Auditing the risk of fraud in income by way of cut off testing around the year end, including considering income recognition criteria under the SORP, as well as transactional testing to obtain evidence that income is complete and recognised in the correct accounting period;
- An evaluation of the charitable company's internal control environment; and
- A review of board minutes and resolutions.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation.

This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance.

The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/Our-Work/Audit/Audit-and-assurance/Standards-and-guidance/Standardsand-guidance-for-auditors/Auditors-responsibilities-for-audit/Description-of-auditors-responsibilities-foraudit.aspx>. This description forms part of our auditor's report.

### Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

MHA  
Statutory Auditor

14 Mannin Way  
Lancaster Business Park  
Lancaster  
LA1 3SW

Date: .....

**MHA is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.**

**MHA is the trading name of Macintyre Hudson LLP, a limited liability partnership in England and Wales (registered number OC312313).**

# Statement of Financial Activities

Year ended March 31, 2024

## INCORPORATING THE INCOME & EXPENDITURE ACCOUNT

		Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
<b>Income from:</b>					
Donations and legacies	3	508,885	200,376	709,261	1,016,478
Other trading activities	4	652,800	-	652,800	621,055
Investments	5	18,274	-	18,274	17,223
Charitable activities	6	127,491	54,054	181,545	174,977
Other	7	8,690	-	8,690	6,620
<b>Total</b>		<b>1,316,140</b>	<b>254,430</b>	<b>1,570,570</b>	<b>1,836,353</b>
<b>Expenditure on:</b>					
Raising funds	8	341,451	180	341,631	344,990
Charitable activities	9	1,123,249	320,402	1,443,651	1,444,052
<b>Total</b>		<b>1,464,700</b>	<b>320,582</b>	<b>1,785,282</b>	<b>1,789,042</b>
<b>Net income/(expenditure) before other gains/(losses)</b>					
		<b>(148,560)</b>	<b>(66,152)</b>	<b>(214,712)</b>	47,311
Net gains/(losses) on investments		37,440	-	37,440	(52,742)
<b>Net income/(expenditure) before transfers</b>					
		<b>(111,120)</b>	<b>(66,152)</b>	<b>(177,272)</b>	(5,431)
Transfer between funds	12	(31,246)	31,246	-	-
<b>Net movement in funds</b>					
		<b>(142,366)</b>	<b>(34,906)</b>	<b>(177,272)</b>	(5,431)
<b>Reconciliation of funds:</b>					
Total funds brought forward		839,748	1,115,284	1,955,032	1,960,463
<b>Total funds carried forward</b>		<b>697,382</b>	<b>1,080,378</b>	<b>1,777,760</b>	<b>1,955,032</b>

The Statement of Financial Activities includes all recognised gains and losses in the year. All of the above amounts relate to continuing activities. The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes on pages 30 to 49 form part of the financial statements.



# Balance Sheet

Year ended March 31, 2024

		2024		2023	
		£	£	£	£
<b>Fixed assets</b>					
Tangible assets	14	986,726		1,007,772	
Investments	15	660,508		623,068	
			1,647,234		1,630,840
<b>Current assets</b>					
Debtors	16	68,952		218,363	
Cash at bank and in hand		229,342		278,371	
			298,294		496,734
<b>Creditors:</b> amounts falling due within one year	17	(167,768)		(172,542)	
<b>Net current assets</b>			130,526		324,192
<b>Total assets less current liabilities</b>			1,777,760		1,955,032
<b>Net assets</b>			1,777,760		1,955,032
<b>Funds:</b>					
Restricted funds	19	1,080,378		1,115,284	
Unrestricted funds	21	697,382		839,748	
<b>Total funds</b>			1,777,760		1,955,032

For the year ending 31 March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies but as this company is a charity, it is subject to audit under the Charities Act 2011.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts were approved by the members of the committee and authorised for issue on the ..... and are signed on their behalf by:

.....  
**Mrs H.L Caldwell**

**Treasurer Trustee**

**Company Registration Number: 06241210**

The notes on pages 30 to 49 form part of the financial statements.

# Cash Flow Statement

Year ended March 31, 2024

	Total 2024 £	Total 2023 £
<b>Cash generated/(used) in operating activities</b>	<b>(34,990)</b>	144,086
<b>Cashflows from investing activities</b>		
Investment income	18,274	17,223
Purchase of tangible fixed assets	<b>(32,313)</b>	(43,030)
<b>Cash provided by/(used in) investing activities</b>	<b>(49,029)</b>	118,279
<b>Increase/(Decrease) in cash and cash equivalents in the year</b>	<b>(49,029)</b>	118,279
Cash and cash equivalents brought forward	278,371	160,092
<b>Cash and cash equivalents carried forward</b>	<b>229,342</b>	278,371
<b>Reconciliation of net movement in funds to net cashflow from operating activities</b>		
Net movement in funds	<b>(177,272)</b>	(5,431)
Investment income received	<b>(18,274)</b>	(17,223)
Depreciation	<b>53,359</b>	47,471
Decrease/(increase) in debtors	<b>149,411</b>	67,362
(Decrease)/increase in creditors	<b>(4,774)</b>	(835)
Loss/(gain) on revaluation of investments	<b>(37,440)</b>	52,742
<b>Net cash generated in operating activities</b>	<b>(34,990)</b>	144,086
<b>Components of cash and cash equivalents</b>		
Cash at bank and in hand	229,342	278,371
	<b>229,342</b>	278,371

The notes on pages 30 to 49 form part of the financial statements..

# Notes to Financial Statements

Year ended March 31, 2024

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## 1 ACCOUNTING POLICIES

### Legal form

CancerCare (North Lancashire & South Cumbria) is a registered charity and a limited company, limited by guarantee, as defined by the Companies Act 2006, incorporated in England and Wales. The registered office of the charity, the nature of its operations and its principal activities are all detailed in the Trustees' report within these financial statements.

The Charity meets the definition of a public benefit entity under FRS102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and the provisions of the Charities Act 2022.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts are rounded to the nearest £.

The financial statements have been prepared on a going concern basis under the historical cost convention. The particular accounting policies adopted by the trustees are described below. These policies have been consistently applied to all years presented unless otherwise stated.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented, unless otherwise stated.

### Going concern

The Trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern.

The Trustees make this assessment in respect of a period of at least one year from the date of authorisation for issue of the financial statements and have concluded that the charity has adequate resources to continue in operational existence for the foreseeable future and there are no material uncertainties about the charity's ability to continue as a going concern, thus they continue to adopt the going concern basis of accounting in preparing the financial statements.



# Notes to Financial Statements

Year ended March 31, 2024

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## 1 ACCOUNTING POLICIES (continued)

### Income

Income including donations and gifts receivable is credited to the Statement of Financial Activities in the period in which it is receivable.

Legacies are regarded as receivable once probate has been granted, there is sufficient evidence regarding the certainty of the receipt and there is a sufficiently reliable measurement of the amount in accordance with the recognition criteria of the SORP. In practice this is rarely before the receipt of a letter advising of an intended payment or transfer. Interim receipts are treated as being receivable on receipt.

Income for other charitable activities includes grants received from clinical commissioning groups. Income is received in exchange for the delivery of services and is recognised when entitlement has occurred.

Income from other trading activities includes income earned from fundraising events and trading activities to raise funds for the charity, including the operation of a lottery.

Investment income is earned through holding assets for investment purposes. It includes dividends and interest and is included when the amounts are received.

### Expenditure

All expenditure is accounted for on an accruals basis in the expense categories required by the SORP. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required, and the amount of the obligation can be measured reliably. Costs are further allocated between the activities undertaken on a basis consistent with the use of the resources. Expenditure includes irrecoverable VAT.

Charitable activities expenditure includes costs incurred in the delivery of the charity's activities and services. It includes both direct costs, including staff costs, that are incurred in the delivery of the activities and services and indirect costs which are required to support the delivery of the charitable objects.

Costs of raising funds include those costs in relation to the charity's operations which are used to generate further income which is integral to the charity in meeting its charitable objectives.

Where support costs cannot be directly attributed to particular headings, they have been allocated to expenditure on charitable activities on a basis consistent with use of the resources.

# Notes to Financial Statements

Year ended March 31, 2024

## 1 ACCOUNTING POLICIES (continued)

### Donated services and facilities

Donated services and facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit is probable, and that economic benefit can be reliably measured. In accordance with SORP (FRS 102) no amounts are included in the financial statements for services donated by volunteers.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure on period of receipt.

### Investments

Investments are recognised initially at fair value which is normally the transaction price excluding transaction costs. Investments are subsequently stated at fair value if the shares are publicly traded or their fair value can otherwise be measured reliably. The SOFA included the net gains and losses arising on revaluations and disposals throughout the year.

### Fixed assets

All fixed assets are initially recorded at cost. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their residual value, over their expected useful lives on the following bases:

Freehold property	1% straight line
Equipment	20-33% straight line
Freehold property improvements	20% straight line
Fixtures and fittings	20% straight line
Motor Vehicles	20% straight line

### Debtors and creditors within one year

Debtors and creditors with no stated interest rate and receivable and payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.



# Notes to Financial Statements

Year ended March 31, 2024

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## 1 ACCOUNTING POLICIES (continued)

### Cash and cash equivalents

Cash is a basic financial asset and includes cash in hand and deposits held on call with banks.

### Fund accounting

Unrestricted funds - General funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity.

Designated funds - Designated funds are unrestricted funds set aside by the Trustees for particular purposes.

Restricted funds - Restricted funds arise where there is a donor-imposed restriction on the use of the funds, or the funds have arisen in response to an appeal for a specified purpose.

### Pensions

The charity operates a defined contribution scheme. Contributions are charged in the Statement of Financial Activities as they become payable in accordance with the rules of the scheme.

### Taxation

HM Revenue & Customs considers CancerCare (North Lancashire and South Cumbria) to be a charity and therefore they are entitled to exemption from tax afforded by Sections 478-489 of the Corporation Taxes Act 2010 to the extent that income is applied exclusively for charitable purposes.

### Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to offset the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

# Notes to Financial Statements

Year ended March 31, 2024

## 1 ACCOUNTING POLICIES (continued)

### Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price and are subsequently carried at amortised cost. Financial assets classified as receivable within one year are not amortised.

Financial assets are assessed for indicators of impairment at each reporting end date.

Financial assets are impaired where there is objective evidence that the estimated future cash flows have been affected. The impairment loss is recognised in the statement of financial activities.

Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the company transfers the financial asset and substantially all the risks and rewards of ownership to another entity.

### Basic financial liabilities

Basic financial liabilities, including creditors, are initially recognised at transaction price, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised. Debt instruments are subsequently carried at amortised cost.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities.

Financial liabilities are derecognised when the company's contractual obligations expire or are discharged or cancelled.

## 2 JUDGEMENTS & KEY SOURCES OF ESTIMATION UNCERTAINTY

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.



# Notes to Financial Statements

Year ended March 31, 2024

## 2 JUDGEMENTS & KEY SOURCES OF ESTIMATION UNCERTAINTY (continued)

### Key assumptions, judgements and estimates

In the opinion of the Trustees' there have been no significant judgements made in the process of applying the above accounting policies. There have been no key assumptions concerning future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

## 3 INCOME FROM DONATIONS & LEGACIES

### Income from donations and legacies

	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Donations	225,493	-	225,493	198,299
Legacies	277,971	-	277,971	576,921
Grants	1,051	200,376	201,427	241,258
Donated services	4,370	-	4,370	-
	<b>508,885</b>	<b>200,376</b>	<b>709,261</b>	1,016,478

At the year end the Trustees had been notified of legacies of approximately £80k (2023: £nil) which do not meet the recognition criteria for inclusion within the current year's financial statements. In the comparative period income from donations and legacies included £784,868 of unrestricted funds, and £231,610 of restricted funds.

## 4 INCOME FROM TRADING ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Sale of goods	4,369	-	4,369	8,311
Fundraising events	220,910	-	220,910	181,140
Income from lottery	427,521	-	427,521	431,604
	<b>652,800</b>	<b>-</b>	<b>652,800</b>	621,055

All income from trading activities in the comparative period was unrestricted.

# Notes to Financial Statements

Year ended March 31, 2024

## 5 INCOME FROM INVESTMENTS

	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Bank interest receivable	209	-	209	45
Other interest receivable	18,065	-	18,065	17,178
	<b>18,274</b>	<b>-</b>	<b>18,274</b>	<b>17,223</b>

All income from investments in the comparative period was unrestricted.

## 6 INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
University Hospitals of Morecambe Bay Charitable Funds	-	54,054	54,054	47,486
Lancashire and South Cumbria ICB	127,491	-	127,491	127,491
	<b>127,491</b>	<b>54,054</b>	<b>181,545</b>	<b>174,977</b>

In the comparative period income from charitable activities included £127,491 of unrestricted funds, and £47,486 of restricted funds.

## 7 OTHER INCOME

	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Other income	8,690	-	8,690	6,620
	<b>8,690</b>	<b>-</b>	<b>8,690</b>	<b>6,620</b>

All other income in the comparative period was unrestricted.



# Notes to Financial Statements

Year ended March 31, 2024

## 8 EXPENDITURE ON RAISING FUNDS

	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Fundraising, advertising and promotion	194,134	180	<b>194,314</b>	200,683
Goods for resale	1,339	-	<b>1,339</b>	1,766
Lottery expenditure	145,978	-	<b>145,978</b>	142,541
	<b>341,451</b>	<b>180</b>	<b>341,631</b>	344,990

All expenditure on raising funds in the comparative period was unrestricted.

## 9 EXPENDITURE ON CHARITABLE ACTIVITIES

	Note	Provision of support for those affected by cancer			Total 2023 £
		Unrestricted £	Restricted £	Total 2024 £	
Provision of charitable services		675,105	240,849	<b>915,954</b>	955,613
Support costs	<b>10</b>	448,144	79,553	<b>527,697</b>	488,439
		<b>1,123,249</b>	<b>320,402</b>	<b>1,443,651</b>	1,444,052

In the comparative period expenditure on charitable activities included £1,122,439 against unrestricted funds, and £321,613 against restricted funds.

## 10 SUPPORT COSTS

	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Wages and salaries	239,431	181	<b>239,612</b>	252,362
Other expenses	175,634	25,423	<b>201,057</b>	155,164
Audit fees	10,860	-	<b>10,860</b>	9,910
Legal fees	18,003	-	<b>18,003</b>	21,925
Compliance costs	4,216	590	<b>4,806</b>	1,607
Depreciation	-	53,359	<b>53,359</b>	47,471
	<b>448,144</b>	<b>79,553</b>	<b>527,697</b>	488,439

In the comparative period support costs included £433,181 against unrestricted funds, and £55,258 against restricted funds.

# Notes to Financial Statements

Year ended March 31, 2024

## 11 NET INCOME/EXPENDITURE

	2024 £	2023 £
<b>Net income is stated after charging:</b>		
<b>Charity</b>		
Staff pension contributions	50,742	42,767
Payment to Directors for services as Chief Executive	57,454	57,402
Auditors' remuneration		
- audit of the financial statements	10,860	9,910
Depreciation of tangible assets		
- owned by the charity	53,359	47,471

## 12 FUND TRANSFERS

Transfers were made to restricted building funds in respect of all four properties. These transfers reflect spends of previously designated funds set aside by Trustees for the refurbishment and improvement of our existing centres.

## 13 ANALYSIS OF STAFF COSTS, TRUSTEE REMUNERATION AND COST OF KEY MANAGEMENT PERSONNEL

<b>Total staff costs were as follows:</b>	2024 £	2023 £
Wages and salaries	593,393	620,180
Social security costs	39,634	43,059
Pension costs	50,742	42,767
	<b>683,769</b>	<b>706,006</b>

### Particulars of Employees

The average number of employees during the year, calculated on the basis of full-time equivalents, was as follows:

	2024 No	2023 No
Administrative staff	11	12
Direct charity workers	22	22
	<b>33</b>	<b>34</b>

# Notes to Financial Statements

## Year ended March 31, 2024

No employees received remuneration of more than £60,000 during the current or prior year.

The total amount of employee benefits received by key management personnel, as determined by the charity, is £192,618 (2023: £207,298) during the current year.

The Charity operates a defined contribution pension scheme. The contributions paid into these two schemes in respect of eligible employees for the year ended 31 March 2024 amounted to £50,742 (2023: £42,767).

### 14 TANGIBLE FIXED ASSETS

	Freehold Property	Freehold Property Improvements	Fixtures & Fittings	Equipment	Motor Vehicles	Totals
	£	£	£	£		£
<b>Cost</b>						
At 1 April 2023	975,657	45,759	104,217	21,725	18,830	1,166,188
Additions	-	1,080	31,233	-	-	32,313
Disposals	-	-	-	-	-	-
Transfers						
<b>At 31 March 2024</b>	<b>975,657</b>	<b>46,839</b>	<b>135,450</b>	<b>21,725</b>	<b>18,830</b>	<b>1,198,501</b>
<b>Depreciation</b>						
At 1 April 2023	67,292	29,176	46,919	11,577	3,452	158,416
Charge for the year	9,757	9,332	24,578	5,926	3,766	53,359
Eliminated on disposals	-	-	-	-	-	-
<b>At 31 March 2024</b>	<b>77,049</b>	<b>38,508</b>	<b>71,497</b>	<b>17,503</b>	<b>7,218</b>	<b>211,775</b>
<b>Net book value</b>						
<b>At 31 March 2024</b>	<b>898,608</b>	<b>8,331</b>	<b>63,953</b>	<b>4,222</b>	<b>11,612</b>	<b>986,726</b>
At 1 April 2023	908,365	16,583	57,298	10,148	15,378	1,007,772

### 15 INVESTMENTS

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
<b>Listed investments</b>				
UK Quoted fixed interest securities	128,336	-	128,336	93,849
UK Equities	162,764	-	162,764	194,741
International Equities	276,087	-	276,087	230,682
Alternative investments	79,703	-	79,703	93,423
Cash held as part of investment portfolio	13,618	-	13,618	10,373
	<b>660,508</b>	<b>-</b>	<b>660,508</b>	<b>623,068</b>
<b>Historical Cost</b>			<b>487,195</b>	<b>487,195</b>



# Notes to Financial Statements

Year ended March 31, 2024

## 15 INVESTMENTS (continued)

	Total 2024 £	Total 2023 £
<b>Quoted investments</b>		
Balance brought forward	623,068	675,810
Change in market value	37,440	(52,742)
<b>Total investments at 31 March 2024</b>	<b>660,508</b>	623,068

## 16 DEBTORS

	2024 £	2023 £
Trade debtors	1,292	1,959
Prepayments	20,660	11,556
Accrued legacies	47,000	204,848
	<b>68,952</b>	218,363

## 17 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade creditors	69,860	63,537
Taxation and social security	9,450	10,525
Other creditors	3,754	8,756
Accruals and deferred income	84,704	89,724
	<b>167,768</b>	172,542

<b>Deferred income</b>	<b>2024 £</b>	<b>2023 £</b>
Balance brought forward	77,194	80,941
Lottery income received in advance	68,851	77,194
Release of deferred income	(77,194)	(80,941)
	<b>68,851</b>	77,194

# Notes to Financial Statements

Year ended March 31, 2024

## 18 COMMITMENTS UNDER OPERATING LEASE

As at 31 March 2024, the charity had commitments under non-cancellable operating leases as set out below:

	2024 Land and buildings £	2024 Other items £	2023 Land and buildings £	2023 Other items £
Within 1 year	9,000	-	7,792	720
Within 2 to 5 years	17,250	-	-	-
	<b>26,250</b>	<b>-</b>	<b>7,792</b>	<b>720</b>

## 19 RESTRICTED INCOME FUNDS: CURRENT YEAR

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 March 2024 £
<b>Restricted funds</b>					
Slynedales building fund	462,971	-	(37,035)	5,443	<b>431,379</b>
Lakes centre building fund	340,498	-	(9,401)	15,100	<b>346,197</b>
Barrow building fund	197,491	-	(3,927)	-	<b>193,564</b>
Morecambe building fund	4,172	-	(2,996)	11,770	<b>12,946</b>
YPS Development - South Lakes	8,975	-	(1,241)	-	<b>7,734</b>
Domiciliary Care Service	10,591	-	(1,954)	-	<b>8,637</b>
Sir John Fisher Foundation fund	14	25,000	(25,012)	(2)	-
Francis C Scott	1,642	15,000	(16,624)	(18)	-
Children in Need	9,460	10,000	(11,429)	-	<b>8,031</b>
Nationwide	9,146	-	(6,485)	-	<b>2,661</b>
Rosemere/Bay Hosp Charity	4,942	54,054	(47,800)	-	<b>11,196</b>
YWCA	21	-	-	(21)	-
NL Reaching Communities	2,486	43,500	(33,945)	-	<b>12,041</b>
Holiday Activities & Food	9,402	7,230	(15,283)	-	<b>1,349</b>
Walney Fund	(5,013)	19,422	(17,521)	-	<b>(3,112)</b>
Pink Ribbon Foundation	24	5,950	(5,965)	(9)	-
Cumbria Community	5,010	-	(3,699)	-	<b>1,311</b>
St James Place	10	-	-	(10)	-
Duchy of Lancaster	14	-	-	(14)	-
Morecambe Town Council	1	-	-	-	<b>1</b>
February Foundation	5,167	-	(5,167)	-	-
Areti Charitable Trust	75	-	-	-	<b>75</b>

# Notes to Financial Statements

## 19 RESTRICTED INCOME FUNDS: CURRENT YEAR (CONTINUED)

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 March 2024 £
<b>Restricted funds</b>					
Nationwide Barrow YP	451	-	(450)	(1)	-
Nationwide Lancaster Bereavement	15	-	-	(15)	-
D'Oyly Carte	655	-	(486)	-	169
Ardonagh Fund	1	-	-	(1)	-
Cumbria County Council	3,970	-	(2,226)	-	1,744
Craven Trust	7	-	-	(7)	-
Screwfix	1,872	-	(1,037)	(835)	-
Harriet Trust	178	-	(112)	(66)	-
Shepherd Street Trust	745	-	(172)	-	573
Cumbria Community Foundation	13	-	-	(13)	-
Lupton Tower Trust	9	-	-	(9)	-
Kendal Integrated Care	(4)	-	4	-	-
NL Community Fund	6,130	-	(6,130)	-	-
Nationwide Barrow 2023	9,143	-	(7,493)	-	1,650
The Will Charitable Trust	25,000	-	(25,000)	-	-
Souter Charitable Trust	-	3,400	(3,383)	(17)	-
Hospital Saturday Fund	-	2,000	(1,700)	-	300
Duke of Westminster Foundation	-	9,900	-	-	9,900
Banks Lyon Children	-	4,204	(2,171)	-	2,033
Harold & Alice Bridges	-	2,000	-	-	2,000
Holehird Trust	-	2,000	(1,997)	(3)	-
VCSFE Adult Community Mental Health	-	8,689	(1,007)	-	7,682
Cumbria Community Foundation (Kendal 2024)	-	6,750	(4,330)	(12)	2,408
Co-op	-	1,555	-	-	1,555
Masonic Charitable Trust	-	2,500	(2,498)	(2)	-
Banks Lyon Memorial Trust	-	7,451	(722)	-	6,729
Gilead Sciences	-	10,200	(10,190)	(10)	-
NPT Transatlantic	-	4,000	(3,998)	(2)	-
Nationwide (Lancaster)	-	9,625	-	-	9,625
<b>Total funds</b>	<b>1,115,284</b>	<b>254,430</b>	<b>(320,582)</b>	<b>31,246</b>	<b>1,080,378</b>



# Notes to Financial Statements

Year ended March 31, 2024

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## 19 RESTRICTED INCOME FUNDS: CURRENT YEAR (continued)

The Slynedales Building Fund, the Lakes Centre Building Fund and the Barrow Building Fund are funds created to cover the carrying value of the three properties from which the charity operates and delivers its services.

The Morecambe Building Fund is a fund created to cover the carrying value of its items held in a leased property from which the charity operates and delivers its services.

The YPS Development Fund is a fund to be spent on developing our service for young people in South Lakes.

The Domiciliary Care Fund is to pay for a domiciliary service for South Lakes residents at end of life.

Sir John Fisher Foundation Fund funds therapeutic work across Barrow and the Furness peninsula.

The Francis C Scott fund is funding to extend the Re-Fresh Action Research project in South Cumbria.

Children In Need contributes to wage costs of Youth Worker and Case Worker for our Re-Fresh project.

Nationwide Fund goes towards Youth Action Research Officer salary.

Rosemere/Bay Hospital Charitable Trust provide funding to deliver aromatherapy to patients in all three hospitals across Morecambe Bay in the three Oncology units and to palliative patients on the ward.

YWCA is a grant for the Kendal Re-Fresh project, working with young people aged 12 to 18 years of age.

National Lottery Community Fund provides sessional costs across all three centres.

Holiday Activities and Food funds activities and food for our Re-Fresh Lancaster school holiday provision.

Walney Extension Community Fund supports 1-to-1 therapy for children aged 3 to 18 affected by cancer or bereavement in the Barrow and Furness area.

Pink Ribbon Foundation funds 175 1-to-1 sessions for clients with a breast cancer diagnosis.

Cumbria Community provide funding for Furness area client provision.

St James' Place Charitable Foundation is a grant to contribute to the funding of Re-Fresh.

Duchy of Lancaster fund sessional costs in Lancaster District.

February Foundation covers additional assessment activity.

Areti Charitable Trust fund outdoor residential activities for Re-Fresh project.

Nationwide Barrow YP support Re-fresh work in Barrow area, including element of Youth Worker salary.

# Notes to Financial Statements

Year ended March 31, 2024

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## 19 RESTRICTED INCOME FUNDS: CURRENT YEAR (continued)

Nationwide Lancaster Bereavement fund sessional costs for bereavement support in Lancaster District

D'Oyly Carte provide start up funding for the allotment.

Ardonagh Fund fund 145 1-to1 sessions for Morecambe.

Cumbria County Council fund Re-Fresh activities and summer programme activities.

Lupton Tower Trust fund 30 1-to1 sessions to provide support for children over 3 bereaved or affected by cancer in the Kendal area.

NL Community Fund to fund a 13-hour Youth Action Research post.

Nationwide Barrow 2023 provide funding towards Youth Worker salary to develop the Re-Fresh project in Barrow.

The Will Charitable Trust grant is to go to towards upgrading our Integrated Management System (IMS) which holds all our client information.

Souter Charitable Trust provide funding for 100 1-to-1 support sessions for clients with a cancer diagnosis.

Hospital Saturday Fund is to fund a series of creative and peer support groups for people affected by cancer and loss in the Barrow area.

Duke of Westminster Foundation provide funding for our counselling and play therapy services for children and young people aged 24 and under in rural Lancashire.

Banks Lyon provide funding for CancerCare to administer on behalf of Banks Lyon to support YP accessing college to help fund transport, kit for college and interview costs.

Harold & Alice Bridges give funds for carpet for therapy rooms at Kendal.

Holehird Trust fund towards the support of 1-to-1 therapy sessions for clients based in Kendal VCSFE Community

Mental health Transformation Fund provide funding to deliver EMDR to clients at our Slynedales centre.

Cumbria Community Foundation (Kendal) give funding towards the support of 1-to-1 therapy sessions for clients based in Kendal.

Co-op funds provide 1-to-1 therapy in Barrow.

Masonic Charitable Trust funds 1-to-1 therapy in Kendal.

Banks Lyon Memorial Trust funds the Re-Fresh Youth Worker role at Lancaster.

Gilead Sciences funds 300 sessions of 1-to-1 therapy for those with a cancer diagnosis across our region.

NPT Transatlantic funds the provision of 1-to-1 therapy across North Lancashire and South Cumbria

Nationwide Lancaster funds 1-to-1 therapy across Morecambe and Lancaster.

# Notes to Financial Statements

Year ended March 31, 2024

## 20 RESTRICTED INCOME FUNDS: PRIOR YEAR

	At 1 April 2022 £	Income £	Expenditure £	Transfers £	At 31 March 2023 £
<b>Restricted funds</b>					
Slynedales building fund	460,074	-	(34,981)	37,878	462,971
Lakes centre building fund	346,680	-	(7,689)	1,507	340,498
Barrow building fund	197,269	-	(3,423)	3,645	197,491
Morecambe building fund	5,551	-	(1,379)	-	4,172
YPS Development - South Lakes	10,216	-	(1,241)	-	8,975
Domiciliary Care Service	11,379	-	(788)	-	10,591
Sir John Fisher Foundation fund	-	30,000	(29,986)	-	14
Francis C Scott	13,296	-	(11,654)	-	1,642
Children in Need	7,803	10,500	(8,843)	-	9,460
Nationwide	13	9,640	(507)	-	9,146
Rosemere/Bay Hosp Charity	(140)	47,486	(42,404)	-	4,942
YWCA	1,857	-	(1,836)	-	21
Global	4,746	-	(4,746)	-	-
NL Reaching Communities	10,002	30,000	(37,516)	-	2,486
Holiday Activities & Food	9,140	19,220	(18,958)	-	9,402
Walney Fund	(12,259)	17,356	(10,110)	-	(5,013)
Pink Ribbon Foundation	-	6,000	(5,976)	-	24
Cumbria Community	5,000	5,093	(5,083)	-	5,010
National Lottery	523	-	-	(523)	-
St James Place	8,558	-	(8,548)	-	10
Duchy of Lancaster	7	2,475	(2,468)	-	14
Lancaster Urgent Response	648	-	(648)	-	-
Morecambe Town Council	1,169	-	(1,168)	-	1
Hadfield Trust	3,040	-	(3,040)	-	-
February Foundation	5,000	5,000	(4,833)	-	5,167
Areti Charitable Trust	1,637	-	(1,562)	-	75
Banks Lyon	4,020	-	(4,020)	-	-
Nationwide Barrow YP	9,019	-	(8,568)	-	451
Nationwide Lancaster Bereavement	6,694	-	(6,679)	-	15
D'Oyly Carte	4,352	-	(3,697)	-	655
Ardonagh Fund	-	4,930	(4,929)	-	1
Cumbria County Council	-	8,320	(4,350)	-	3,970
Co-op Community Fund Kendal	-	2,205	(2,205)	-	-
Craven Trust	-	1,000	(993)	-	7
Vera Wolstencroft	-	20,245	(20,245)	-	-
Screwfix	-	4,632	(2,760)	-	1,872
Harriet Trust	-	2,000	(1,822)	-	178
Shepherd Street Trust	-	1,262	(517)	-	745
Cumbria Community Foundation	-	5,440	(5,427)	-	13
Lupton Tower Trust	-	1,000	(991)	-	9
Kendal Integrated Care	-	500	(504)	-	(4)
NL Community Fund	-	10,000	(3,870)	-	6,130
Nationwide Barrow 2023	-	9,792	(649)	-	9,143
The Will Chritable Trust	-	25,000	-	-	25,000
<b>Total funds</b>	<b>1,115,294</b>	<b>279,096</b>	<b>(321,613)</b>	<b>42,507</b>	<b>1,115,284</b>



# Notes to Financial Statements

Year ended March 31, 2024

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## **20 RESTRICTED INCOME FUNDS: PRIOR YEAR (continued)**

Funds that still remain in place at the balance sheet date are detailed in note 19, all other previously held funds are detailed below:

Screwfix helped fund towards decorating materials for rooms at Slynedales in Lancaster.

Harriet Trust supported group activities, including outdoor activities and transport for our Re-Fresh peer support group.

Shepherd Street Trust funded for new play therapy toys for our Morecambe and Lancaster Centres where we provide therapy for children aged 3 years and upwards.

Global provided part funding for a Youth Worker for our Re-Fresh peer support group and 1-to-1 sessions for young people.

National Lottery paid towards costs of an Action Research Officer.

Lancaster Urgent Response provided funding for 30 sessions of walk and talk therapy.

Hadfield supported the costs of our Action Research Officer, who oversees our Re-Fresh project with young people aged 12 to 17 across North Lancashire and South Cumbria.

Co-op Community Fund Kendal funded for 26 group sessions and 60 individual counselling sessions for local children and young people.

Vera Wolstencroft gave funds to purchase a minibus for our group project supporting young people aged 12 to 17 affected by bereavement or cancer.

# Notes to Financial Statements

Year ended March 31, 2024

## 21 UNRESTRICTED INCOME FUNDS: CURRENT YEAR

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	Gains/ (losses) £	At 31 March 2024 £
<b>Designated Funds</b>						
IT upgrade	41,488	-	(26,798)	(2,551)	-	12,139
Capital Improvement	54,667	-	(1,119)	(21,969)	-	31,579
Research fund	13,307	-	-	-	-	13,307
Therapists CPD	5,729	-	(1,591)	-	-	4,138
<b>General Funds</b>	724,557	1,316,140	(1,435,192)	(6,726)	37,440	636,219
<b>Unrestricted funds</b>	<b>839,748</b>	<b>1,316,140</b>	<b>(1,464,700)</b>	<b>(31,246)</b>	<b>37,440</b>	<b>697,382</b>

Designated funds are set aside by the Trustees for the following purposes:

IT upgrade to fund ongoing IT upgrade projects.

Capital Improvements Fund to meet the essential rolling programme of improvements across the centres to include external redecoration of the Lakes Centre and Lancaster, and refurbishment of therapy rooms.

Research Fund to undertake research projects in line with CancerCare's aims and objectives.

Therapists CPD Fund to support therapists with their Continuing Professional Development (CPD). This will allow therapists to undertake training which is out of their reach financially but will benefit our clients significantly

# Notes to Financial Statements

Year ended March 31, 2024

## 22 UNRESTRICTED INCOME FUNDS: PRIOR YEAR

	At 1 April 2022 £	Income £	Expenditure £	Transfers £	Gains/ (losses) £	At 31 March 2023 £
<b>Designated Funds</b>						
Barrow service provision	-	-	(59)	59	-	-
IT upgrade	45,442	-	(3,954)	-	-	41,488
YP Project	99,704	-	(14,754)	(84,950)	-	-
Capital Improvement	60,000	-	(5,333)	-	-	54,667
Research fund	13,307	-	-	-	-	13,307
Therapists CPD	8,610	-	(2,881)	-	-	5,729
<b>General Funds</b>	618,106	1,557,257	(1,440,448)	42,384	(52,742)	724,557
<b>Unrestricted funds</b>	<b>845,169</b>	<b>1,557,257</b>	<b>(1,467,429)</b>	<b>(42,507)</b>	<b>(52,742)</b>	<b>839,748</b>

Funds that still remain in place at the balance sheet date are detailed in note 21, all other previously held funds are detailed below:

Barrow service provision – to meet the predicted deficit during the early stages of service provision in Barrow and the surrounding areas which has now concluded.

YP Project – to meet ongoing project costs associated with research and development of our service provision for young people.

## 23 ANALYSIS OF NET ASSETS BETWEEN FUNDS: CURRENT YEAR

	Tangible fixed assets £	Fixed asset investments £	Net current assets/ liabilities £	Long term liabilities £	Total £
Restricted Income Funds	986,726	-	93,652	-	1,080,378
Designated Funds	-	61,163	-	-	61,163
General Funds	-	599,345	36,874	-	636,219
<b>Total funds</b>	<b>986,726</b>	<b>660,508</b>	<b>130,526</b>	<b>-</b>	<b>1,777,760</b>



# Notes to Financial Statements

Year ended March 31, 2024

## 24 ANALYSIS OF NET ASSETS BETWEEN FUNDS: PRIOR YEAR

	Tangible fixed assets	Fixed asset investments	Net current assets/ liabilities	Long term liabilities	Total
	£	£	£	£	£
Restricted Income Funds	1,007,772	-	107,512	-	1,115,284
Designated Funds	-	115,191	-	-	115,191
General Funds	-	507,877	216,680	-	724,557
<b>Total funds</b>	<b>1,007,772</b>	<b>623,068</b>	<b>324,192</b>	<b>-</b>	<b>1,955,032</b>

## 25 CONTROL AND RELATED PARTY TRANSACTIONS

The charity was under the control of the Board of Trustees' who are also directors for the purposes of company law in both the current and prior period.

No employee benefits were paid to any of the Trustees' during the current or period year.

Travel and related expenses of £nil (2023: £nil) were reimbursed to nil (2023: nil) trustees during the year.

Insurance costs include £7,776 (2023: £7,776) to cover trustees' and officer insurance.

One of the Trustees is director of a company that provided services to the company free of charge. The cost of these of £4,370 (2023: £nil) has been recognised in donated services (note 3).

## 26 COMPANY LIMITED BY GUARANTEE

The company is limited by guarantee. In the event of the company being wound up or dissolved, each member undertakes to contribute such amount as is required, not exceeding £10, for payment of any debts or liabilities.

# References & Administrative Details

## Trusts and foundation grants received in 2023/24

**Banks Lyon Memorial Trust**  
**BBC Children In Need**  
**Community Mental Health VCSFE**  
**Co-Op**  
**Cumbria Community Foundation**  
**Francis Scott Charitable Trust**  
**Gilead Sciences**  
**HAF Easter Activities Fund**  
**Harold & Alice Bridges Foundation**  
**Holehird Trust Fund**  
**Hospital Saturday Fund**  
**Lancaster City Council**

**Lancashire and South Cumbria ICB Adult Scheme**  
**Lancashire County Council**  
**Masonic Charitable Foundation**  
**National Philanthropic Trust**  
**Nationwide Lancaster**  
**Pink Ribbon Foundation**  
**Sir John Fisher Foundation**  
**Souter Charitable Trust**  
**The National Lottery Community Fund**  
**Walney Extension Community Fund**  
**Westminster Foundation**  
**3R Foundation**



# References & Administrative Details

## Trustees

**The trustees who served office during the year and up to the date of signature of the financial statements were as follows:**

Mr A.S Birchall (Chair) Registered: 08.04.14  
Prof G.A Baynes (Vice Chair) 08.04.14  
Dr D.J Eaton 04.10.14 (retired 02.10.23)  
Mr P.J Harrison 03.10.16  
Dr K Oliver 03.10.16  
Mrs H.L Caldwell (Treasurer) 05.04.22  
Mrs S. Thompson 14.10.19  
Ms A.R Scott (resigned 06.06.23)  
Ms E Edwards 07.02.23  
Mrs G. Chesters (appointed 04.04.23)  
Mrs D. Williamson (appointed 06.02.24)

### Patron

Lady Ann Shuttleworth

### President

Prof Malcolm McIlmurray

### Vice-President

Mr Robert Webb

### Chief Executive

Ms A Stainthorpe (appointed Jan 2021)

### Company Secretary

Ms A Stainthorpe

### Auditor

MHA  
14 Mannin Way, Lancaster Business park,  
Lancaster, LA1 3SW

### Bankers

National Westminster Bank Plc  
68 Church Street, Lancaster, LA1 1LN



### Registered charity name:

CancerCare (North Lancashire & South Cumbria)

### Charity registration number:

1120048

### Company registration number:

6241210

### Registered office:

Slynedales  
Slyne Road  
Lancaster  
LA2 6ST



# Acknowledgements

**The Board of Trustees wish to thank the following for their support:**

Our Patron, President & Vice-President  
Our Trustee Board & advisors  
Our volunteers  
Our individual donors & fundraisers  
Lancaster & South Cumbria ICB  
Ambleside Drop In group  
Windermere Drop In Group  
Members of all Cancer Support Groups in Lancaster, Kendal & Barrow  
University Hospitals Morecambe Bay NHS Foundation Trust  
Rosemere Cancer Foundation

## **Our Corporate Supporters:**

Lakeland Limited  
FGH Security  
Joseph A Jones  
Lancaster & Morecambe Chamber of Commerce  
MHA Moore and Smalley  
Morecambe Sainsburys  
Soul Bowl  
Guide Over Sands Trust  
HSBC  
BAE Systems

Lancaster BID  
Barrow BID  
Morecambe Football Club  
The Cumberland  
Port of Lancaster  
BSG Solicitors  
Lancaster Guardian  
Greylaw  
Morecambe Golf Club  
Barclays  
The Lions  
Carus Green Golf Club  
Barrow AFC  
Project Cold & BayFit  
Leighton Hall  
Lancaster Race Series  
Lancaster University  
Bay View Garden Centre  
EDF  
Jacobs/Field Solutions UK  
Nationwide Morecambe & Barrow  
Guy Penn Ltd  
Local Choice Magazine  
ASDA Lancaster, Kendal & Barrow  
Chadwick's Plastics  
Pizza Margherita

Morecambe Bay Wills & Estates  
The Lawn Ranger  
Factored/EXP  
Westgate Tyres  
R Leisure Hire  
Laker Legal  
Plus all the other local businesses who donated raffle and auction prizes – thank you!

## **We have been honoured to receive Gifts in the Wills from:**

June Bamber  
Kevin Blissett  
Margaret Booth  
Ian Cockerill  
Harry Noland Crawshaw  
William Donald Finney  
Marjorie Fox  
Joan Hurst  
Greta Martens  
Robert William McKittrick  
Michael Robinson  
Mary Olwyn Shepherd  
Stanley Simpkin  
Janet Szejka  
Joan Williams



Samba Espirito perform at AlannaFest 2023





Re-Fresh young people's peer support go horse riding

**“Re-Fresh is a safe space and gives me a chance to get out of the house, make new friends and meet others who have gone through the same things”**

## **Re-Fresh peer support group member**

### **Lancaster Centre**

Slynedales, Slyne Road, LA2 6ST

**Tel:** 01524 381820

### **Kendal Centre**

Blackhall Road, LA9 4BT

**Tel:** 01539 735800

### **Morecambe Centre**

34 Northumberland Street, LA4 4AY

**Tel:** 01524 381820

### **Barrow Centre**

76 Duke Street, LA14 1RX

**Tel:** 01229 836926

**Web:** [cancercare.org.uk](https://cancercare.org.uk)

