

# CancerCare

(North Lancashire & South Cumbria)



## ANNUAL REPORT

and accounts for the year ending 31 March 2022

Registered charity number: 1120048  
Company registration number: 6241210



# Contents

---

**03** Chair & CEO's  
Statement

---

**26** Statement of  
Financial Activities

---

**04** Mission, Vision &  
Values

---

**27** Balance Sheet

---

**05** Objectives &  
Activities

---

**28** Cash Flow Statements

---

**06** Achievements &  
Performance

---

**29** Notes to Financial  
Statements

---

**17** Report of the Trustees

---

**49** References &  
Administrative Details

---

**22** Statement of Trustees'  
Responsibility

---

**51** Acknowledgements

---

**23** Independent Auditor's  
Report

# Statement from the Chair of Trustees & Chief Executive Officer



**Chair Andrew Birchall**

As always, we are proud to introduce our 2021/22 Annual Report, which presents both our financial performance and some of the work and achievements of CancerCare during the period.

In spite of a challenging year, we remained committed to providing high quality support to our clients and rose to the many challenges during a year of crisis, to ensure that the charity continued to look forward and develop its reach and effectiveness.

Notable achievements have been the opening of our Morecambe centre, which has rapidly established itself within the community and has brought CancerCare to many more people without affecting client numbers at Slynedales.

In addition, we have retained our remote working, which now accounts for 20% of our one-to-one support. This was an initiative launched during Covid-19, enabling us to maintain our one-to-one therapy services through the use of technology.

Also, the launch of our peer support groups such as Hug In A Mug and the Thrive Gardening Project has extended our service provision, enabling us to reach a wider population.

Fundraising opened up at last during the year and we returned to outdoor events, however our agility had allowed us to re-focus our income generation efforts during the pandemic, enabling CancerCare to flex its income streams.

Coming out of the pandemic we found ourselves in unfamiliar territory with demand for our services such that we had to introduce waiting lists for new clients. Careful management enabled us to navigate this successfully, but it is an example of how charities like ours are facing increasing pressure as people look to charities more and more for support.

Charities continue to face serious challenges with the cost-of-living crisis by far the greatest. Many will feel the pinch both in terms of increasing costs and very possibly decreasing income. As families tighten their belts, donations may well be squeezed and the demand placed upon charities will almost certainly continue to increase as recession bites.

CancerCare will strive to develop strategies to mitigate these ongoing challenges, however we remain a small team and it is not lost on me how this last year has adversely impacted upon the team. Their dedication to our organisation continues to be admirable and without question, the enthusiasm and passion that the team presents, especially when the going gets tough, is exceptional.

Finally, our heartfelt thanks go to all our supporters who make it possible for CancerCare to continue to provide its services and to our potential supporters.

Everything you will read about in the following pages wouldn't be possible without you.



**CEO Alison Stainthorpe**

# Mission, Vision & Values

## Why we do what we do...

### Our Mission

To provide therapies, help and support free to people of all ages affected by cancer or bereavement.

### Our Vision

To give people the strength to step forward. We will help people discover their capacity for life when times are tough - with the professional help, emotional support and collective strength to face whatever is next.

### Our Values

#### **We are PERSONAL**

When we look at people, we don't see their condition, their trauma or their fears. We see individuals, each with a complex mix of experiences and emotions, challenges and hopes. Helping them starts with recognising, respecting and valuing it all - in all our clients, in our supporters and in each other.

#### **We are COMPASSIONATE**

Caring for others is a powerful tool. It might seem like the softest of skills, but it's our way of making a huge, heavy-hitting impact. When we start each day with kindness and sensitivity, we will end it having touched people's lives for the better.

#### **We are INSPIRATIONAL**

Human spirit is miraculous. People's capacity to get back up, to look past what life throws at them - it's our inspiration and our purpose. With a healthy dose of our own spirit, we help people find their strength and courage. To cope, to rebuild and to move forward.



Marie Robson with her dog Gem

**“Sandra has really helped me through the last 12 months and I do not know what I would have done without her calmness and wise words”**

### Marie's Story

Last year, Marie Robson from Kendal got in touch after her mum Jenny was diagnosed with terminal cancer. Sadly, she passed away very shortly afterward which left Marie and her family devastated.

Marie felt in need of some support so she reached out to us and was referred for aromatherapy with therapist Sandra Dacre.

“I was a little unsure at first as I had never tried it before, but I decided to give it a go. I liked Sandra from the moment I met her. The time I spent with her was really relaxing and we always seem to have something to talk about or share and she just made me feel so much better. I often went into my session feeling a little anxious thinking of my mum, but I always came away feeling mentally relaxed and at peace with myself,” she added.

“Sandra really helped me through the last 12 months and I do not know what I would have done without her calmness and wise words,” said Marie.



# Objectives & Activities

## Why we do what we do... (continued)

**At CancerCare, we understand that facing cancer or bereavement is more than just a physical issue, indeed its impact reaches beyond the patient, often affecting those around them.**

We aim to:

- Provide a comprehensive support service for individuals facing cancer or bereavement including support to their carers, families and friends
- Ensure the period of support extends from diagnosis, through treatment to the survivorship or terminal phase, working with, and supporting, colleagues within the National Health Service
- Support all clients to attain and maintain the maximum level of mental, social and physical well-being compatible with their illness
- Build upon 39 years of heritage
- Develop a platform for the future that will ensure sustainability

We cover a wide geographical area across North Lancashire and South Cumbria with centres in Lancaster, Kendal, Barrow and Morecambe. We are proud to have helped tens of thousands of local people since our formation in 1983. It is clear that we cannot stand still and through the delivery of our three-year plan we are committing to continue to develop the services and reach of CancerCare.

## Looking forward In 2022/23 we will...

**Extend our online service provision to include a "web chat" function**



**CUSTOMER  
RELATIONSHIP  
MANAGEMENT**

**Replace our current Customer Relationship Management software**



**Review our referral and assessment process**



**Develop a set of values to form our core identity**



**Review our service performance - including group work**



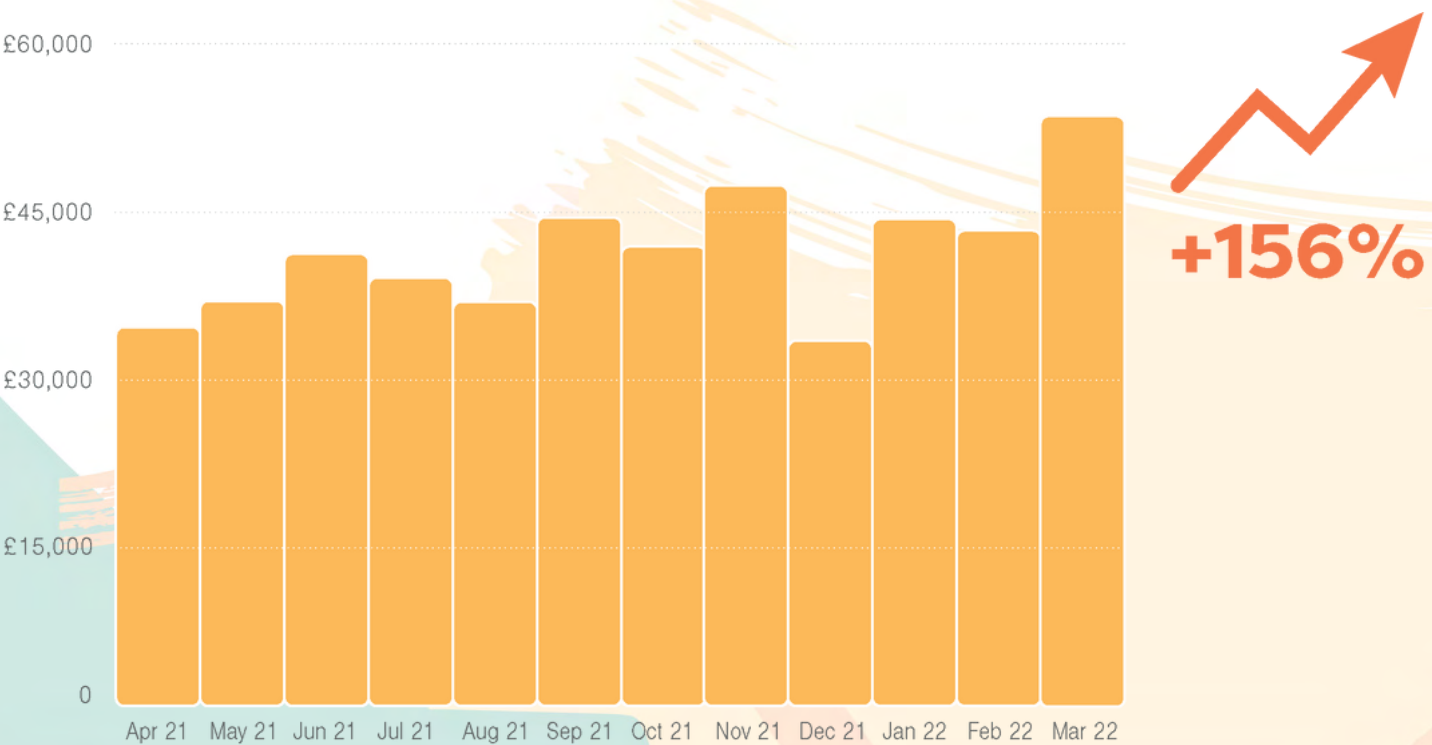
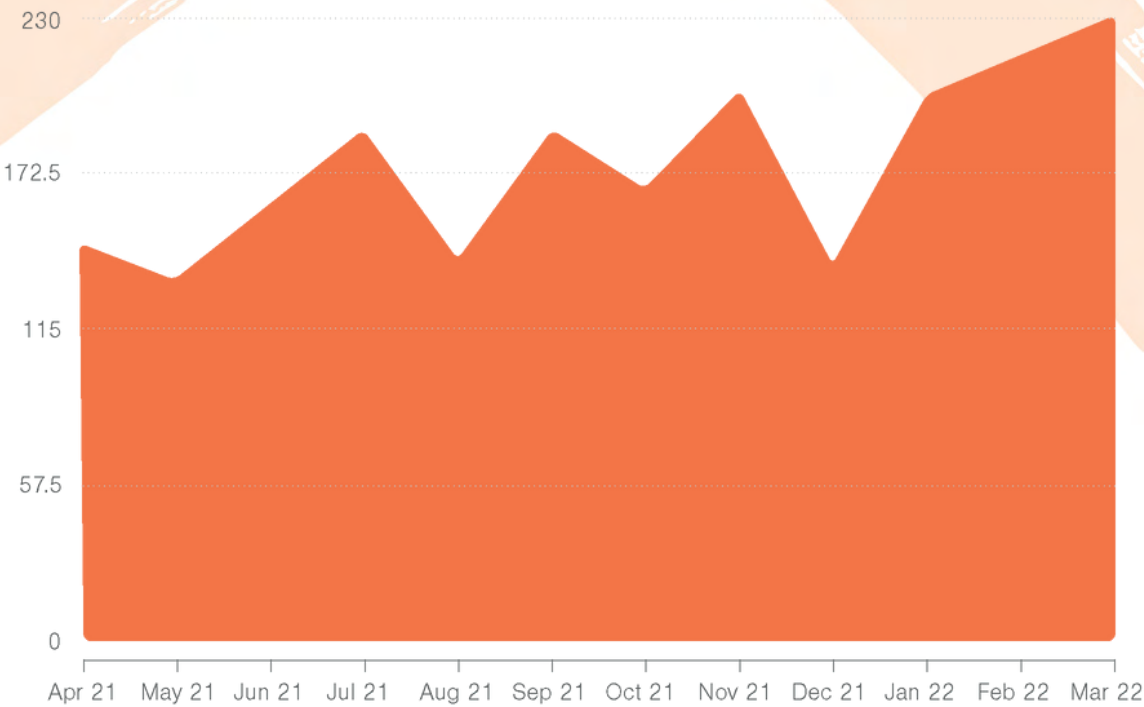


# Achievements & Performance

## Referrals

We saw an increase in referrals each month over the year as the final lockdown ended in May - allowing for the usual seasonal dips in August and December.

This is also reflected in attendances and therefore costs – hospital work also resumed in May, initially at just Westmorland General Hospital, before returning to all sites - albeit initially in a limited capacity - in June.

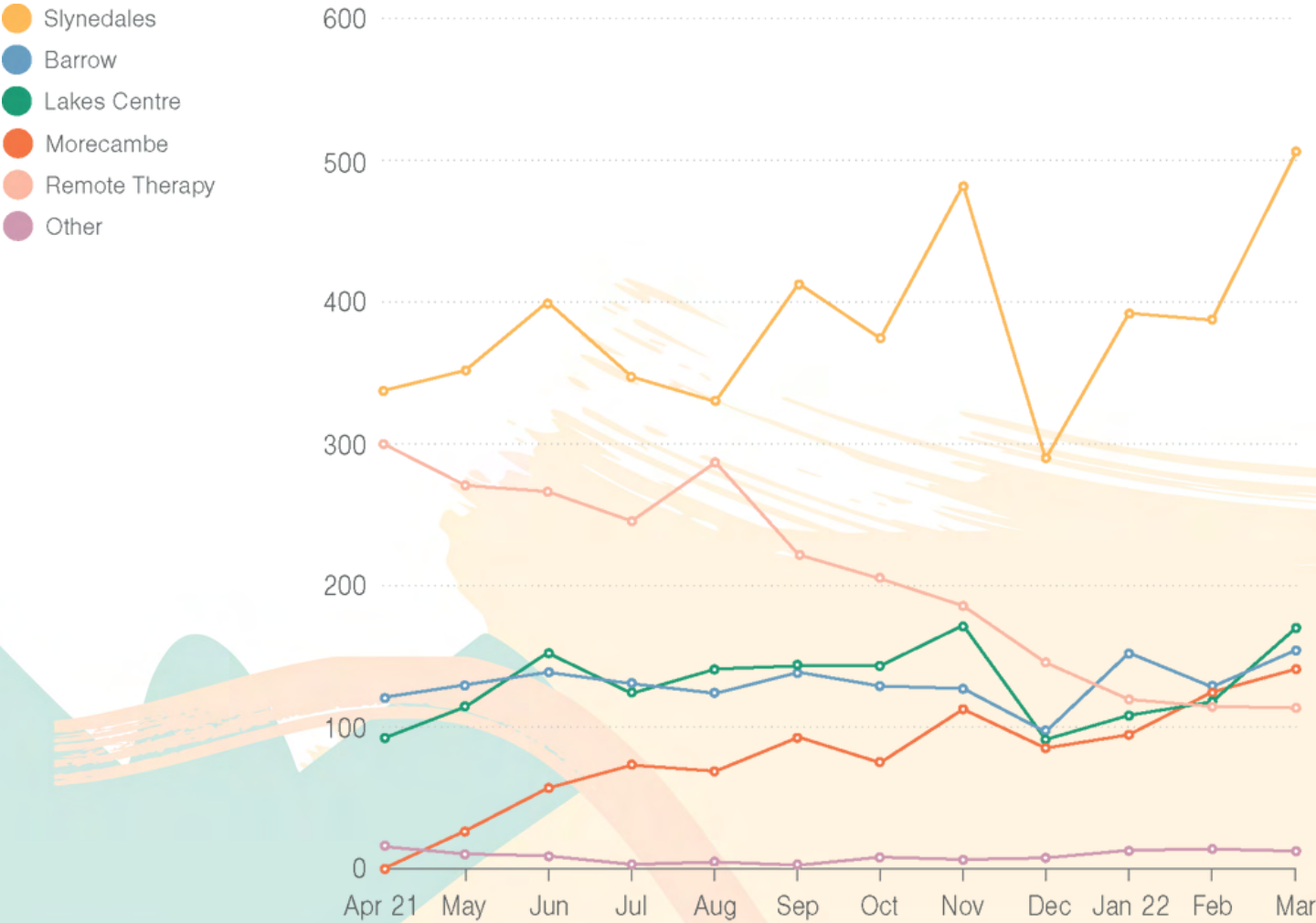
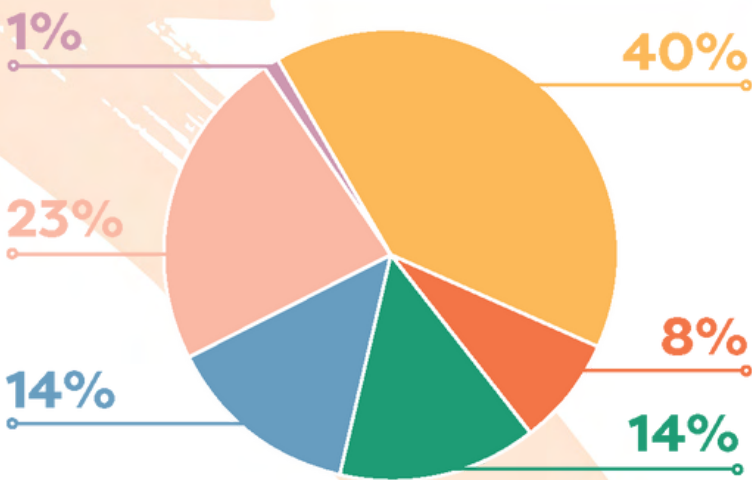




# Achievements & Performance

## By location

It's fair to say that remote therapy, having been the dominant form of contact during lockdowns, still remains a large part of the work we do - accounting still for around 20% of our 1:1 sessions by the end of the year. Barrow didn't quite return to in-centre attendance levels as quickly as other centres. Slynedaes numbers were down by footfall, although overall Lancaster area attendances were much higher than previous years if we consider remote therapy and the new offer at Morecambe, too.

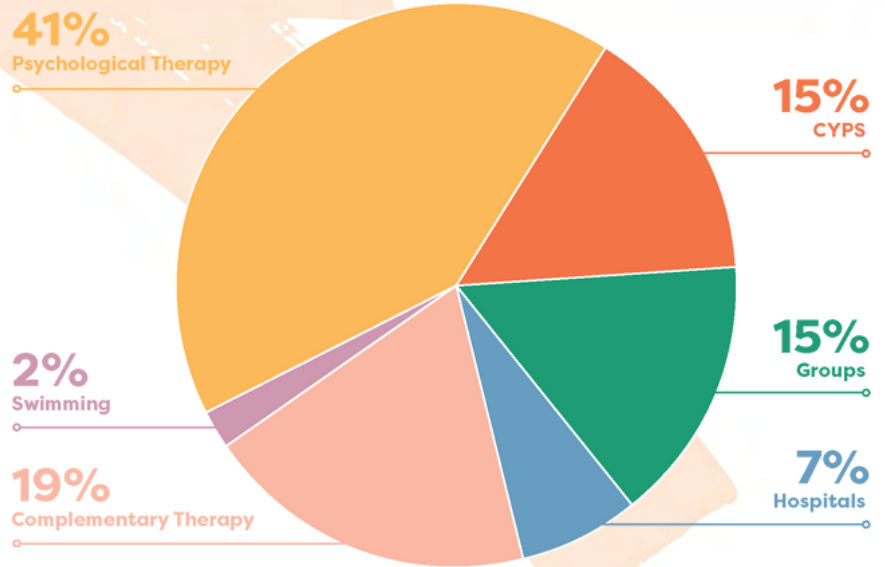




# Achievements & Performance

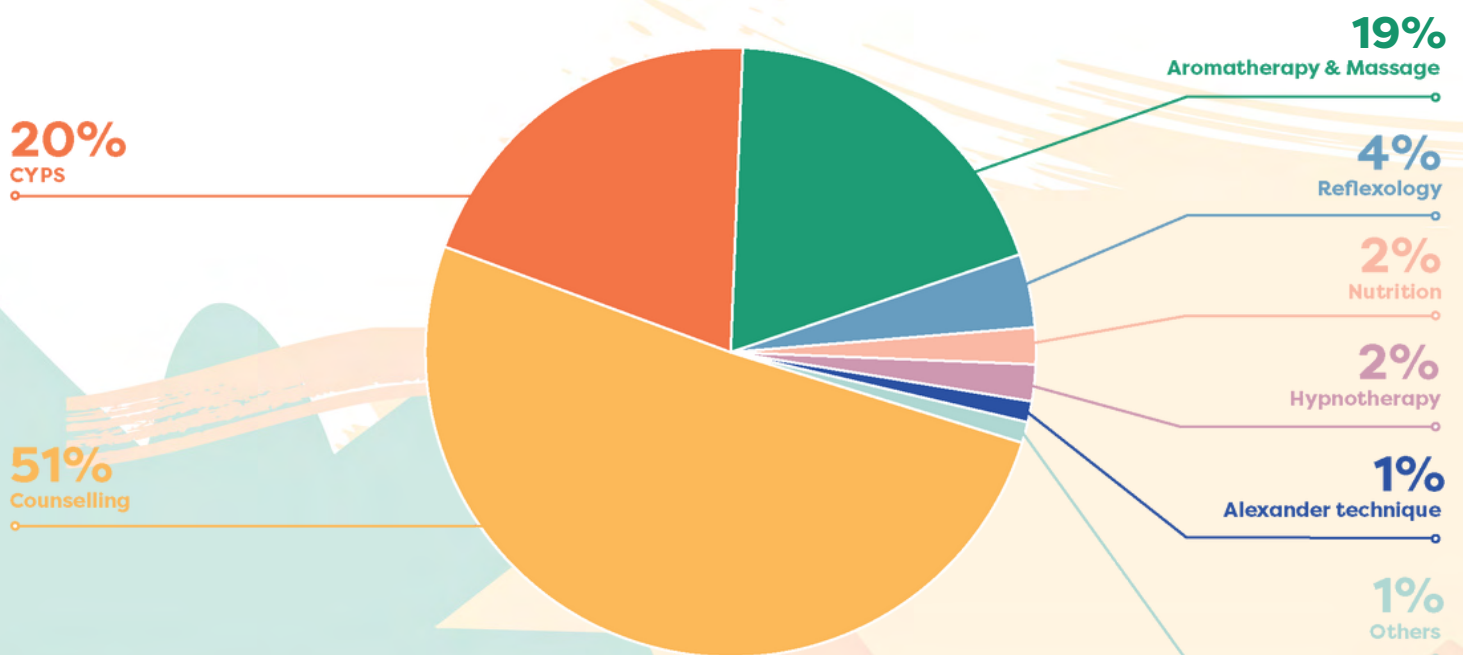
## By therapy type

Complementary therapy, which was greatly affected by lockdown by virtue of being "hands on" saw a burst of activity in the first half of the year- all those referrals which had been on hold finally being seen. Towards the end of the year this activity, although still strong, slightly tailed off as that "backlog" was cleared.



## 1:1 Attendance by therapy type

	Apr 21	May 21	Jun 21	Jul 21	Aug 21	Sep 21	Oct 21	Nov 21	Dec 21	Jan 22	Feb 22	Mar 22	Total
Counselling	429	450	492	450	427	505	462	569	407	556	529	628	5904
CYPS	201	247	240	211	120	171	160	204	106	171	185	249	2265
Aromatherapy & Massage	177	173	193	175	200	219	232	210	130	166	172	200	2247
Reflexology	17	13	39	42	61	64	40	39	36	46	44	58	499
Nutrition	13	15	9	15	5	19	12	14	16	14	14	28	174
Hypnotherapy	27	20	16	10	13	19	11	12	5	19	18	15	185
Alexander Technique	8	9	17	12	18	12	14	16	12	9	16	18	161
Others	3	8	14	9	9	14	15	22	13	14	13	14	148



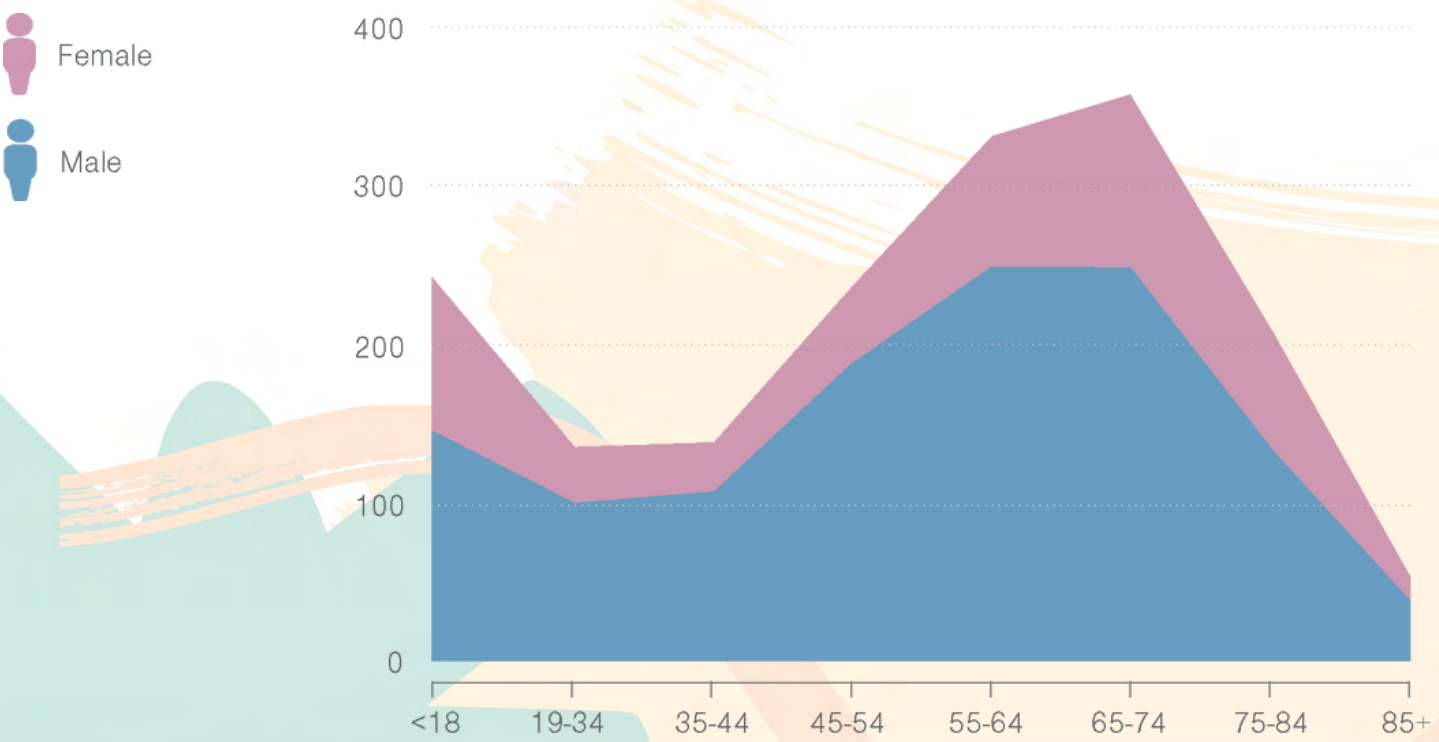
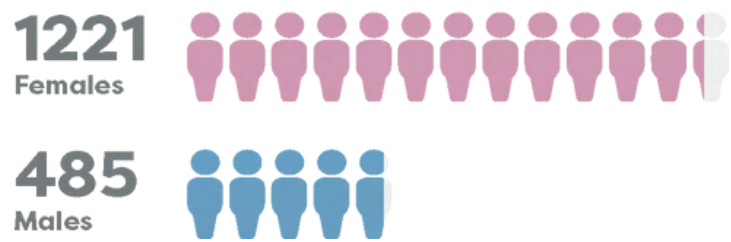
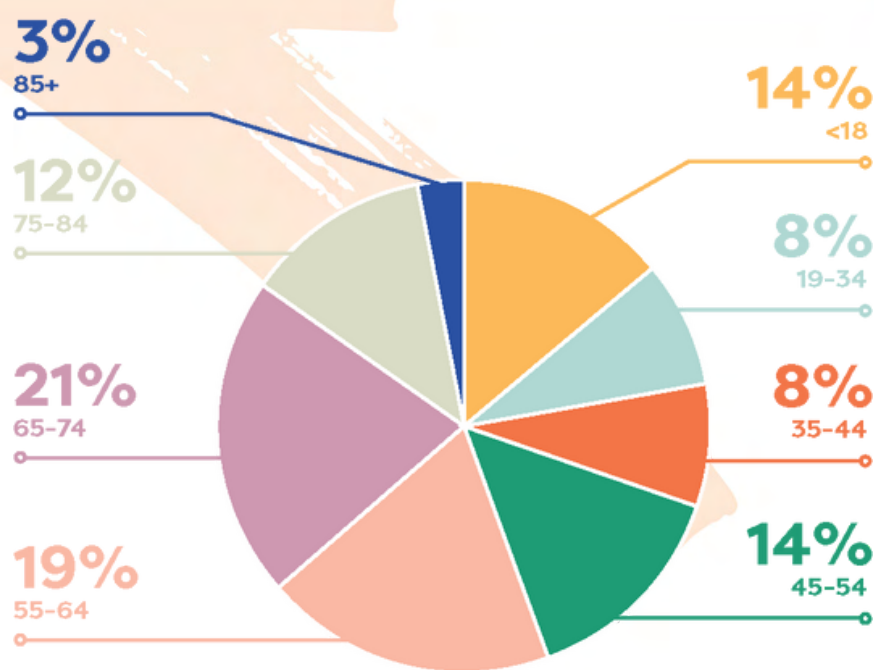


# Achievements & Performance

## Demographics

As per usual – our main body of clients were in the 45-75 years range. This is due to the average age of people receiving a diagnosis being in the 45+ bracket and therefore, by extension, their spouses/partners will also lean towards this age band. Our male/female ratio hovers between 27-30%. For our under-18 clients, this gender split is much more equal. Young people are referred by parents or carers and the referrals are for more diverse reasons than cancer.

Between 30-45, where the overwhelming type of cancer is breast cancer, we see the highest female/male discrepancy. The gender split then starts to decrease at 65+ - the reasons for this are not entirely clear – whether they are social, work related or other. We know that men are less likely to refer themselves than women – they are more likely to be referred by a partner or family member.



# Achievements & Performance

## Outcomes

Every client, where appropriate, is sent a questionnaire which asks various questions about their therapy, which are graded from 1 to 4. The results for 2021/22 are as follows:

Rate the benefit of therapy	
1 - Not at all	1%
2 - A little	5%
3 - A lot	23%
4 - Greatly	71%

Was CancerCare welcoming?	
1 - Not at all	0%
2 - A little	2%
3 - A lot	14%
4 - Greatly	84%

Rate your experience	
1 - Very poor	0%
2 - Average	1%
3 - Good	10%
4 - Excellent	88%

Would you recommend CancerCare to others?	
Yes	100%
No	0%

Furthermore, adult clients in our centres are asked to complete a MYCaW (Measure Yourself Concerns and Wellbeing) form at the start and end of their therapy – with the focus being on the change in two client specified areas over the course of the therapy. These are recorded, categorised and scored.

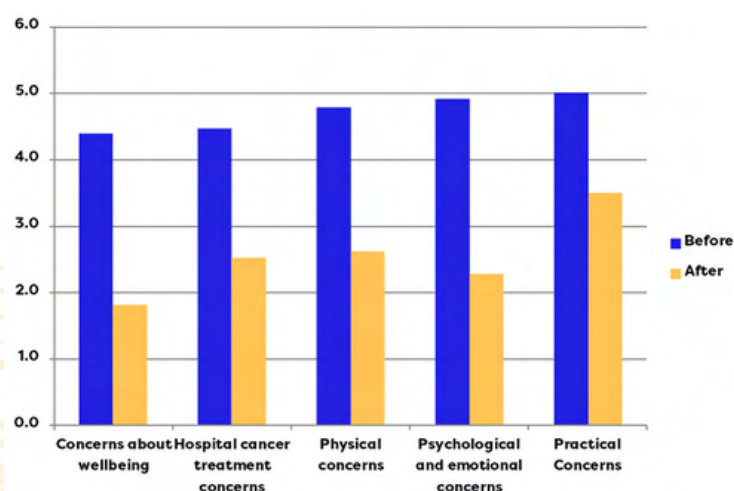
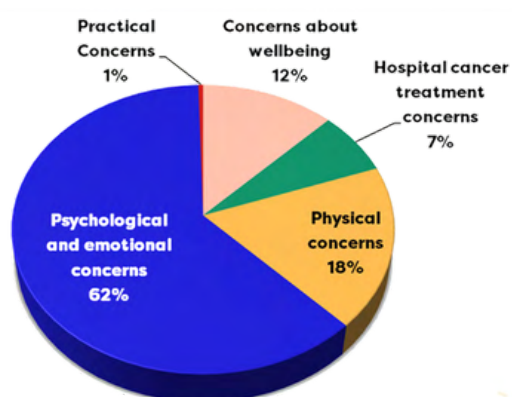
Average scores	Before	After
Concerns	4.8	2.3
Wellbeing	3.8	2.1



# Achievements & Performance

## Outcomes (continued)

Area of concern	Before	After
Concerns about wellbeing	4.4	1.8
Hospital cancer treatment concerns	4.5	2.5
Physical concerns	4.8	2.6
Psychological & emotional concerns	4.9	2.3
Practical concerns	5.0	3.5
<b>Grand total</b>	<b>4.8</b>	<b>2.3</b>

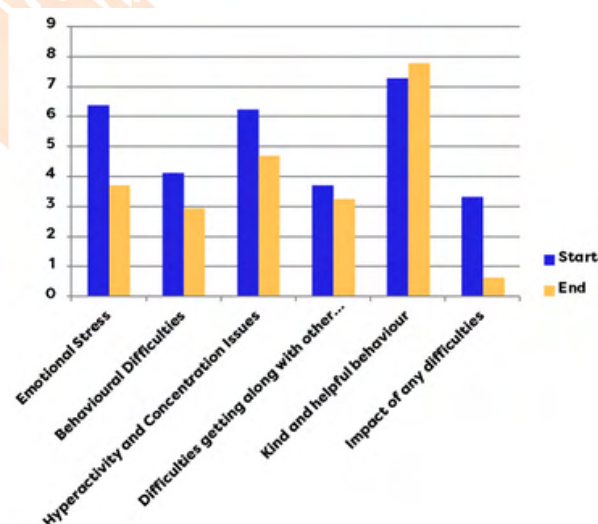


Clients under the age of 18 are given a similar questionnaire, SDQ (strengths and difficulties questionnaires – youth in mind) – where a series of questions are asked at the beginning and then compared to answers at the end of therapy. (continued on next page)

# Achievements & Performance

## Outcomes (continued)

Issue	Start	End
Emotional Stress	6.4	3.7
Behavioural difficulties	4.1	3.0
Hyperactivity & concentration issues	6.2	4.7
Difficulties getting along with other young people	3.7	3.3
Kind & helpful behaviour	7.3	7.8
Impact of any difficulties	3.3	0.7
<b>Grand total</b>	<b>20.4</b>	<b>14.6</b>



In addition, we are also trialling the use of the HACT's (Housing Association Charitable Trust) Social Value Calculator, to evaluate the financial impact of the work we do.

Similar to MYCaWs and SDQs, clients are asked a series of questions at the beginning of their therapy, and again at the end. The answers given to these, and the differences between them, are used to calculate a financial value of the therapy received, in terms of the fiscal benefit to other organisations, such as benefits, tax income and cost reductions.

In the first year, we have had 22 completed HACT social value surveys completed, with an aggregate social value of over £120,000; at an average of £5,500 per client. NB, the average client attends around 11 sessions at an average of £32 per session.

Therapy	Clients	Average social value
Aromatherapy	6	£1,399.50
Counselling	15	£7,492.27
Reflexology	1	£268
<b>Grand total</b>	<b>22</b>	<b>£5,502.23</b>



# Achievements & Performance

## Services & Engagement update

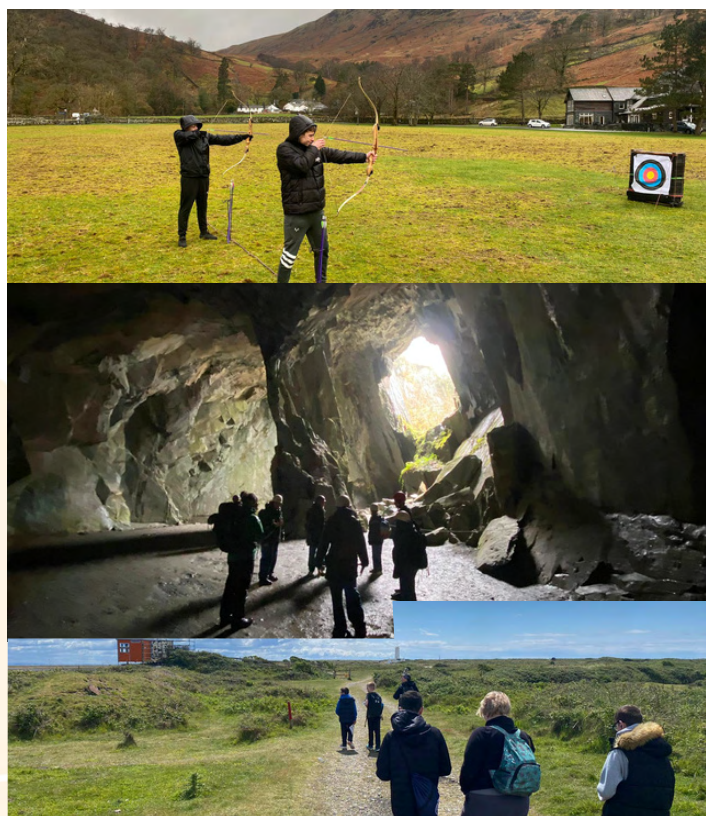
### THERAPISTS

We concluded our research work on the relationships between the health service and the Gypsy, Roma and Traveller community. We have made some significant strides in raising the profile of this client group with both primary and secondary care in relation to their cancer journey.

We recommenced our work within the hospital setting for both palliative and oncology patients. Patients are really grateful for this service which has been missed during the pandemic.

**“My mum was admitted to hospital and told she had metastatic cancer, which was a great shock to us all. She died in hospital a week later. During her stay, she did not want us to visit every day and I found great comfort in knowing that she was seeing Andrea for aromatherapy and she had an empathetic therapist to talk to about her fears and wishes.”**

We have continued to recruit additional therapists to the team as the referral numbers have continued to rise (see page 6). Therapist numbers now sit at 55. During the year we recruited additional Eye Movement Desensitization & Reprocessing (EMDR) practitioners to ensure we were able to offer this therapy across the whole patch.



### RE-FRESH YOUNG PEOPLE'S SUPPORT GROUP

This year marked a significant expansion for the service. In June 2021, Simon Rothwell joined CancerCare as our new Director of Client Services at a time when demand for children and young persons' support was growing rapidly. We have been successful in securing trust and grant funding at a steady pace, most notably numerous grants from the Holiday Activity and Food Programme (HAF) which allowed us to fund our school holiday activity programme.

By the end of the financial year we had employed two new members of staff to join the teenage peer support service, Bex Goslin joined the team in February and as the youth worker for South Lakeland will build and develop our youth offer in Kendal and Barrow. Suzee Tylee was already with us as our nutritional therapist but also joined the team in March as a case worker for young people and families in Lancaster and Morecambe.



# Achievements & Performance

## Services & Engagement update (continued)

### ASSESSMENT REVIEW

Simon worked alongside Director of Therapists Alison Dixey on an assessment review with therapists, assessors and the Therapy Coordination Team. This will hopefully lead to more relevant and efficient processes to help us adapt to the increasing number of clients we are seeing. As a result, we will be increasing the staff team to meet the demand for referrals and subsequent therapies.

### THRIVE ALLOTMENT PROJECT

In February we took over an allotment plot on Ambleside Road in Lancaster for a new social and therapeutic horticulture project called Thrive.

Staff and volunteers are busy transforming it into a productive patch with a shed, planters and raised beds. The aim is for it to be used as a form of outdoor therapy for our clients, young and old, as there is a wealth of research about the therapeutic benefits of being outside in the fresh air, being active and combatting social isolation.



Thrive allotment project

### MORECAMBE CENTRE OPENING

In May our new premises in Morecambe opened, comprising a physical therapy room, two counselling rooms and a children's therapy room. For existing clients from LA3/LA4 postcodes (Morecambe & Heysham) it offers an alternative in terms of location, and for new clients it is proving increasingly popular. The Morecambe centre is now taking almost exclusively LA3/4 postcode referrals and across the service we have seen a rise in numbers from this area. By the end of the financial year, the centre had firmly earned its place as a central part of our offer.



Morecambe children's room



### DEVELOPMENT & ENGAGEMENT

After nearly two years of restrictions, we launched our brand new Hug In A Mug service at Slynedales on 22nd February.

The group acts as an informal, safe space for people who have been impacted by cancer or bereavement to meet and chat over a cup of tea and slice of cake.

We are excited to see how this group grows and already have plans to introduce the group to our Barrow and Kendal centres during the next financial year.



# Achievements & Performance

## Fundraising update

At the start of the financial year, we were once again able to begin planning outdoor and smaller scale indoor events. Still with a degree of uncertainty, the Fundraising & Marketing team worked hard to ensure that our flagship Cross Bay Walk and Santa Dash took place which were the jewels in the crown of a record breaking year!

As ever, many of our wonderful supporters jumped on their bikes, swam, lifted weights and shaved their heads in aid of CancerCare and we cannot thank our amazing fundraisers enough for their support through one of the toughest times in our history.

We launched our fabulous recipe book, Extra Helpings, in October 2021 with the support of BBC MasterChef's 2019 winner, Irini Tzortzoglou. Not only was the recipe book an extremely popular Christmas gift last year, it was also recognised on the national stage with a full page article in the BBC Good Food magazine.

For the first time ever we held our Santa Dash, not only in Lancaster, but in Kendal, Morecambe and Millom: taking our famous fun run "on tour" to all four corners of the Morecambe Bay area we cover. These events proved extremely popular and we will be building on their initial success in coming years.

As this report is being prepared, we are entering a period of political and economic uncertainty, not just in the UK but across the globe. We are more determined than ever to adapt our fundraising to help make CancerCare a sustainable charity for the future. We couldn't do this without the support of our individual donors, community fundraisers, local businesses, local school communities and trust and grant funders. We would also like to thank those who are sadly no longer with us but were generous in their last wishes and left us a lasting legacy via a gift in their Will.

### Community Fundraising: **Belle gets a bob!**

Young Isabelle Livsey from Lancaster was inspired to lose her long locks after her best friend's mum, Katy Davies (one of our clients) was diagnosed with breast cancer.

She launched her very own "Belle Gets a Bob Challenge" which saw her get her hair cut in return for donations and raised £600 in the process!

Isabelle said: "I had always wanted to do something for a charity but I wasn't sure which charity I'd do it for. My grandma died of cancer a couple years ago and as soon as I heard about Katy having cancer, I knew straight away what I wanted to do.

"At first I was a little bit nervous but the hairdressers were really supportive. I'm so thankful for all the money that has been donated. I never expected to raise the amount of money I did - everyone was amazing."





# Achievements & Performance

## Fundraising update

### A YEAR OF FUNDRAISING IN IMAGES





# Report of the Trustees

## Governance, Structure & Management

### Legal Entity

CancerCare North Lancashire and South Cumbria is a company limited by guarantee and is governed by its Articles of Association.

The charitable objectives of the charity have been very recently reviewed and checked.

### Charitable Objectives

- To relieve sickness and suffering of people facing cancer and other chronic or life-limiting illnesses, and of their carers, families and friends during and after such illness or illnesses.
- To provide or assist in providing forms of therapies and support to meet individual needs.
- To educate the public in order to broaden understanding and knowledge of vital aspects of cancer, such as prevention, detection, relief and treatment.
- To undertake or promote research into prevention, detection, relief and treatment and to encourage the dissemination of the results of such research for public benefit.

### Trustees: appointment and induction

CancerCare recognises that a robust, independent and effective board of trustees is essential if the charity is to achieve its objects; that the board must have available to it all of the knowledge and skills required to govern the charity.

New trustees are recruited through advertisements in the media and a range of networks in line with the charity's Recruitment of Trustees Policy and Equal Opportunities.

They are appointed by a sub-committee of the board and formally appointed at the Annual General Meeting of the charity to serve for a three

year term, renewable to a maximum of nine years.

All new trustees receive a formal induction and are encouraged to spend time over the course of their first six months in office with each member of the management team.

They also receive a Trustee induction pack that includes various key documents as well as Charity Commission guidance on effective non-profit governance.

In addition Trustees are asked to undertake various online training modules in relationship to Information Governance and Safeguarding. An annual away day is also held with the Trustee Board. Trustees receive no remuneration for their time and can claim only documented expenses incurred in carrying out their duties in line with the volunteer policy.

No employee benefits were paid to any of the Trustees during the current or period year.



Tropic Cosmetics Ambassador Emma Stoney with a donation of lip balms to go into our "Booby Bags" for breast cancer patients

# Report of the Trustees

## Governance, Structure & Management



Barrow volunteer Pam Green

### Organisational structure, Governance and Management

The Board of Trustees meets bi-monthly but delegates the daily running to the CEO and leadership team comprising of Director of Therapists, Director of Client Services & Development, Director of Fundraising & Marketing, and Head of Finance & HR. A management committee meets bi-monthly comprising of the Chair, Vice-Chair, Treasurer, CEO and the leadership team. This meeting is in advance of the Trustee meeting.

In addition, certain work is delegated to one of four sub committees:

- Finance sub-committee – responsible for detailed financial analysis, managing investment and risk and review of reserves policy
- Service development group—responsible for the development of new service recommendations
- Remuneration committee – responsible for all matters relating to paid staff, including key management personnel.
- Income generation sub-group –to advise and oversee the development and implementation of a comprehensive income strategy for CancerCare

Each Group comprises trustees and staff and reports to the trustee board.

### Volunteers

The trustees recognise the extremely valuable contribution made by volunteers and wish to place on record their thanks for their commitment.

Volunteering at CancerCare covers many areas of work including reception, driving, supporting events, campaigning and running of various cancer support groups and drop in networks.

The list is endless. No amounts are included in the financial statements to reflect the value of the work undertaken by our volunteers.

**"Seeing the clients walk out after receiving their therapy more relaxed than when they came in is great. I also enjoy meeting new clients who may have struggled to make that first step to ask for help, but, with some reassurance, become very happy that they did."**

Barrow volunteer Pam Green (pic top left)

### Staff

The Trustees are grateful to all members of staff, PAYE and our sessional team for the outstanding work they do.

CancerCare seeks to be an employer of choice and reviews on an annual basis the level of remuneration and other benefits awarded to staff.



# Report of the Trustees

## Risk Management

### **The Trustee Board is sensitive to potential risks to which the charity may be exposed**

The board has approved a detailed risk map and this is reviewed fully every 12 months. The main areas covered include:

- Finance and Fundraising
- Governance and Compliance

In addition, all reports to the Board of Trustees requiring a decision contain an explicit section covering risk to ensure that these are understood and mitigating actions are covered as appropriate.

There are also some inherent risks associated with the management of confidential client data. CancerCare has developed robust information governance procedures and associated training for all staff.

To maintain operational integrity, policies and procedures covering all aspects of day to day operations are subject to formal review on a rolling one to three year basis including a business continuity plan.

### **Public Benefit**

From April 1, 2008, the Charities Act has required all charities to meet the legal requirements that its aims are for the public benefit.

The Charity Commission in its 'Charities and public benefit' guidance states that there are two key principles to be met in order to show that an organisation's aims are for the public benefit. Firstly, there must be an identifiable benefit and secondly, the benefit must be to the public or a section of the public.

The trustees are satisfied that the aims and objectives of the charity, and the activities reported on in this annual report to achieve those aims, meet these principles.

### **Fundraising Standards**

The charity undertakes fundraising activity via events, lottery, charity places, sponsored events and other such activities. The Trustees abide by the Code of Fundraising Practice set by the Fundraising Regulator in overseeing the fundraising activities of CancerCare and any third parties fundraising on its behalf.

We train our fundraising staff and volunteers to reinforce our fundraising ethics, policies and procedures. Our volunteers are supervised in their activities by charity staff to ensure compliance.

We received eight complaints in total to the period 31st March 2022. Five relating to the lottery and three relating to fundraising.

### **Working with Others**

CancerCare is committed to working in collaboration with others who share an interest in improving outcomes for people of all ages impacted by cancer or bereavement to access support and help when they need it.

The charity will not duplicate work that is already meeting the needs of people impacted by cancer.



Youth worker Bex Goslin who joined the charity in February 2022 to lead the Furness & South Lakes Re-Fresh Groups

# Report of the Trustees

## Financial Review

**The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by charities.**

### Income and expenditure

Total income for the year was up £61,785 at £1,481,152 (2021: £1,419,367). This was an exceptional performance given we are still feeling the negative impact of the pandemic on traditional fundraising in the community and the uptake of some of our events. We were fortunate to benefit from a number of legacies in year and we are extremely grateful for this support. Awards from trusts and income from grants continue to make a significant contribution to our work and we are humbled by this recognition of the value of our services by the funders who have supported us.

Having come out of various lockdowns, we saw a surge in demand in the first quarter of 2022 and for the first time we had a waiting list to access our services. We found that following the pandemic, there has been a reluctance in some areas for our clients to return to the centres and our online services have proven a lifeline for some of those clients. We also continued to offer online events as well as easing back into face to face events. As a result of the increase in demand, expenditure increased to £1,650,572 (2021: £1,289,215).

Despite savings being made to reduce our costs, we ended the year with a deficit of £169,420. The deficit was reduced by a net gain on investments of £43,874 to £125,546. Our surplus reserves enable us to absorb this short-term deficit.

### Investment Policy

Our portfolio of investments is managed by Rathbones Investment Management on a discretionary management basis. Given the ongoing challenges around Covid, the rise in inflation and surge in fuel prices we are pleased with how our investments are being managed.

We receive quarterly performance reports, and our Investment Manager is invited to our finance subgroup meetings as required.

We have an Investment Policy in place. The policy is reviewed on an annual basis.

### Going Concern

The Trustees are able to confirm that they are of the opinion that there are no material uncertainties related to events or conditions that cast significant doubt over the ability to continue as a going concern.



January saw Aromatherapist Susannah Cogger back providing therapy to cancer patients in hospital following Covid



# Report of the Trustees

## Financial Review

### Reserves Policy

The Trustees are keen to ensure that funds donated to the charity are not only used on the highest priorities delivering impact but also that those funds are promptly used so that impacts and benefits can be realised as soon as practical. The Trustees need to balance this objective with the need to maintain financial prudence and ensure the long term financial sustainability of the charity.

The Trustees have adopted a Reserves Policy based on a detailed risk assessment of all the charity's income streams. Despite reviewing the charity's risk assessments, unsurprisingly we did not predict the longer-term impact of Covid19 on some of the charity's income streams.

Based on the latest analysis, the target Reserves level remains at £550,000 with a tolerance of £150,000 either way. Only if the wider limits are breached do Trustees require the Executive Leadership Team to present plans for re-alignment.

Total funds for the year ended 31 March 2022 amounted to £1,960,463 (2021: £2,086,009) comprising:-

	2022	2021
Restricted Building Funds	£1,009,574	£1,017,046
Restricted Income Funds	£105,720	£121,415
Trustee Designated Funds	£227,063	£198,143
General Funds (RESERVES)	£618,016	£749,405

Reserves are ahead of the targeted level at year end. However, Trustees have approved a deficit budget for the year to 31 March 2023. Our fundraising activities continue to grow following the pandemic but we recognise that the cost of living and inflationary pressures may impact on future income. Our surplus reserves will allow us to absorb this in the short term and we continue to carefully monitor our costs to ensure we can continue to deliver our charitable activities in the longer term.

Designated funds are created to meet specific identifiable future project spends and are detailed in the main body of the accounts.



First ever Millom Santa Dash was a huge hit with more than 120 people taking part at the Community Track

# Statement of Trustees' Responsibility

The trustees (who are also the directors of CancerCare (North Lancashire and South Cumbria) for the purposes of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The trustees have taken advantage of the small companies' exemption in the Companies Act 2006.

Company law requires the directors to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the income and expenditure of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company & enable them to ensure that the financial statements comply with the Companies Act

2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention & detection of fraud and other irregularities.

Insofar as each of the directors of the charitable company at the date of approval of this report is aware there is no relevant audit information (information needed by the company's auditors in connection with preparing the audit/report) of which the company's auditors are unaware. Each director has taken all the steps that he/she should have as a director to make themselves aware of any relevant audit information and to establish that the company's auditors are aware of that information.

## Auditor

MHA Moore and Smalley are deemed to be re-appointed under section 487(2) of the Companies Act 2006.

Approval was given by the trustees for this report and is signed on the board's behalf by

.....  
**Ms A. Stainthorpe. Company Secretary**

.....  
**Mrs H. Caldwell. Trustee**



# Independent Auditor's Report

## To the trustees of CancerCare (North Lancashire & South Cumbria)

### YEAR ENDED MARCH 31, 2022

#### Opinion

We have audited the financial statements of CancerCare (North Lancashire & South Cumbria) (the 'charitable company') for the year ended 31 March 2022 which comprise Statement of Financial Activities, Balance Sheet, Cash Flow Statement, & notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law & United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK & Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true & fair view of the state of the charitable company's affairs as at 31 March 2022, & of its incoming resources & application of resources, including its income & expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; &
- have been prepared in accordance with the requirements of the Companies Act 2006.

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

#### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, & we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe the audit evidence we have obtained is sufficient & appropriate to provide a basis for our opinion.

#### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

#### Other information

The other information comprises the information included in the trustees annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

# Independent Auditor's Report

## To the trustees of CancerCare (North Lancashire & South Cumbria)

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated

If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

### **Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement set out on page 22, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

### **Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:



# Independent Auditor's Report

## To the trustees of CancerCare (North Lancashire & South Cumbria)

- Enquiries with the board about any known or suspected instances of non-compliance with laws and regulations, including fraud;
- Challenging assumptions and judgements made by the board in their significant accounting estimates, in particular in relation to provisions;
- An evaluation of the risk of management override of controls and subsequent testing, including through testing journal entries and other adjustments for appropriateness;
- An evaluation of the charity's internal control environment; and
- A review of board minutes and resolutions.

Because of the industry in which the charity operates, we identified the following areas as those most likely to have a material impact on the financial statements: Health and Safety, compliance with Gambling Commission rules, (in particular, holding the relevant lottery licence), GDPR, employment law, and compliance with the UK Charities Act.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/Our-Work/Audit/Audit-and-assurance/Standards-and-guidance/Standards-and-guidance-for-auditors/Auditors-responsibilities-for-audit/Description-of-auditors-responsibilities-for-audit.aspx>. This description forms part of our auditor's report.

MHA Moore and Smalley  
Statutory Auditor

Priory Close  
St Mary's Gate  
Lancaster  
LA1 1XB

Date: .....

**MHA Moore and Smalley is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006.**

# Statement of Financial Activities

Year ended March 31, 2022

## INCORPORATING THE INCOME & EXPENDITURE ACCOUNT

		Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
<b>Income from:</b>					
Donations and legacies	3	548,178	231,743	779,921	720,933
Other trading activities	4	521,346	-	521,346	465,703
Investments	5	17,549	-	17,549	21,684
Charitable activities	6	127,491	33,912	161,403	127,491
Other	7	933	-	933	83,556
<b>Total</b>		<b>1,215,497</b>	<b>265,655</b>	<b>1,481,152</b>	<b>1,419,367</b>
<b>Expenditure on:</b>					
Raising funds	8	343,447	-	343,447	298,856
Charitable activities	9	1,001,016	306,109	1,307,125	990,359
<b>Total</b>		<b>1,344,463</b>	<b>306,109</b>	<b>1,650,572</b>	<b>1,289,215</b>
<b>Net (expenditure)/income before other gains/(losses)</b>		<b>(128,966)</b>	<b>(40,454)</b>	<b>(169,420)</b>	<b>130,152</b>
Net gains/(losses) on investments		43,874	-	43,874	144,741
<b>Net (expenditure)/income before transfers</b>		<b>(85,092)</b>	<b>(40,454)</b>	<b>(125,546)</b>	<b>274,893</b>
Transfer between funds	12	(17,287)	17,287	-	-
<b>Net movement in funds</b>		<b>(102,379)</b>	<b>(23,167)</b>	<b>(125,546)</b>	<b>274,893</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward		947,548	1,138,461	2,086,009	1,811,116
<b>Total funds carried forward</b>		<b>845,169</b>	<b>1,115,294</b>	<b>1,960,463</b>	<b>2,086,009</b>

The Statement of Financial Activities includes all recognised gains and losses in the year. All of the above amounts relate to continuing activities. The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes on pages 29 to 51 form part of the financial statements.



# Balance Sheet

Year ended March 31, 2022

		2022	2021
		£	£
<b>Fixed assets</b>			
Tangible assets	14	1,012,213	1,019,685
Investments	15	675,810	881,936
		<u>1,688,023</u>	<u>1,901,621</u>
<b>Current assets</b>			
Debtors	16	285,725	14,160
Cash at bank and in hand		160,092	312,001
		<u>445,817</u>	<u>326,161</u>
<b>Creditors:</b> amounts falling due within one year	17	(173,377)	(141,773)
		<u>272,440</u>	<u>184,388</u>
<b>Total assets less current liabilities</b>		<u>1,960,463</u>	<u>2,086,009</u>
<b>Net assets</b>		<u>1,960,463</u>	<u>2,086,009</u>
<b>Funds:</b>			
Restricted funds	18	1,115,294	1,138,461
Unrestricted funds	20	845,169	947,548
		<u>1,960,463</u>	<u>2,086,009</u>
<b>Total funds</b>		<u>1,960,463</u>	<u>2,086,009</u>

For the year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies but as this company is a charity, it is subject to audit under the Charities Act 2011.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts were approved by the members of the committee and authorised for issue on the ..... and are signed on their behalf by:

.....

**Mrs H.L Caldwell**

**Trustee**

**Company Registration Number: 06241210**

The notes on pages 29 to 51 form part of the financial statements

# Cash Flow Statement

Year ended March 31, 2022

	Total 2022 £	Total 2021 £
Cash generated/(used) in operating activities	(388,877)	74,125
Cashflows from investing activities		
Investment income	17,549	21,684
Purchase of tangible fixed assets	(30,581)	(69,258)
Sale of investments	250,000	120,000
Cash (used in)/provided by investing activities	(151,909)	146,551
(Decrease)/Increase in cash and cash equivalents in the year	(151,909)	146,551
Cash and cash equivalents brought forward	312,001	165,450
Cash and cash equivalents carried forward	160,092	312,001
Reconciliation of net movement in funds to net cashflow from operating activities		
Net movement in funds	(125,546)	274,893
Investment income received	(17,549)	(21,684)
Depreciation	38,053	27,193
Decrease/(increase) in debtors	(271,565)	129,467
(Increase)/decrease in creditors	31,604	(191,003)
Gain on revaluation of investments	(43,874)	(144,741)
Net cash generated in operating activities	(388,877)	74,125
Components of cash and cash equivalents		
Cash at bank and in hand	160,092	312,001
	160,092	312,001

The notes on pages 29 to 51 form part of the financial statements.



# Notes to Financial Statements

Year ended March 31, 2022

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## 1 ACCOUNTING POLICIES

### Legal form

CancerCare (North Lancashire & South Cumbria) is a registered charity and a limited company, limited by guarantee, as defined by the Companies Act 2006, incorporated in England and Wales. The registered office of the charity, the nature of its operations and its principal activities are all detailed in the Trustees' report within these financial statements.

The Charity meets the definition of a public benefit entity under FRS102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011 and the Companies Act 2006.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts are rounded to the nearest £.

The financial statements have been prepared on a going concern basis under the historical cost convention. The particular accounting policies adopted by the trustees are described below. These policies have been consistently applied to all years presented unless otherwise stated.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented, unless otherwise stated.

### Going concern

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern.

The trustees make this assessment in respect of a period of at least one year from the date of authorisation for issue of the financial statements and have concluded that the charity has adequate resources to continue in operational existence for the foreseeable future and there are no material uncertainties about the charity's ability to continue as a going concern, thus they continue to adopt the going concern basis of accounting in preparing the financial statements.

# Notes to Financial Statements

Year ended March 31, 2022

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## 1 ACCOUNTING POLICIES (continued)

### Income

Income including donations and gifts receivable is credited to the Statement of Financial Activities in the period in which it is receivable.

Legacies are regarded as receivable once probate has been granted, there is sufficient evidence regarding the certainty of the receipt and there is a sufficiently reliable measurement of the amount in accordance with the recognition criteria of the SORP. In practice this is rarely before the receipt of a letter advising of an intended payment or transfer. Interim receipts are treated as being receivable on receipt.

Income for other charitable activities includes grants received from clinical commissioning groups. Income is received in exchange for the delivery of services and is recognised when entitlement has occurred.

Income from other trading activities includes income earned from fundraising events and trading activities to raise funds for the charity, including the operation of a lottery.

Investment income is earned through holding assets for investment purposes. It includes dividends and interest and is included when the amounts are received.

Other income includes government grants receivable under the Coronavirus Job Retention Scheme (CJRS) to reimburse the charity of costs incurred in retaining staff who were furloughed due to the impact of closure due to Covid-19. CJRS grants are recognised to match the costs incurred by the company for the period claims are made.

### Expenditure

All expenditure is accounted for on an accruals basis in the expense categories required by the SORP. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required, and the amount of the obligation can be measured reliably. Costs are further allocated between the activities undertaken on a basis consistent with the use of the resources. Expenditure includes irrecoverable VAT.

Charitable activities expenditure includes costs incurred in the delivery of the charity's activities and services. It includes both direct costs, including staff costs, that are incurred in the delivery of the activities and services and indirect costs which are required to support the delivery of the charitable objects.

Costs of raising funds include those costs in relation to the charity's operations which are used to generate further income which is integral to the charity in meeting its charitable objectives.

Where support costs cannot be directly attributed to particular headings, they have been allocated to expenditure on charitable activities on a basis consistent with use of the resources.



# Notes to Financial Statements

Year ended March 31, 2022

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## 1 ACCOUNTING POLICIES (continued)

### Donated services and facilities

Donated services and facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit is probable, and that economic benefit can be reliably measured. In accordance with SORP (FRS 102) no amounts are included in the financial statements for services donated by volunteers.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure on period of receipt.

### Investments

Investments are recognised initially at fair value which is normally the transaction price excluding transaction costs. Investments are subsequently stated at fair value if the shares are publicly traded or their fair value can otherwise be measured reliably. The SOFA included the net gains and losses arising on revaluations and disposals throughout the year.

### Fixed assets

All fixed assets are initially recorded at cost. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their residual value, over their expected useful lives on the following bases:

Freehold property	1% straight line
Equipment	20-33% straight line
Freehold property improvements	20% straight line
Fixtures and fittings	20% straight line

### Debtors and creditors within one year

Debtors and creditors with no stated interest rate and receivable and payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

# Notes to Financial Statements

Year ended March 31, 2022

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## 1 ACCOUNTING POLICIES (continued)

### Cash and cash equivalents

Cash is a basic financial asset and includes cash in hand and deposits held on call with banks.

### Fund accounting

Unrestricted funds - General funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity.

Designated funds - Designated funds are unrestricted funds set aside by the Trustees for particular purposes.

Restricted funds - Restricted funds arise where there is a donor-imposed restriction on the use of the funds, or the funds have arisen in response to an appeal for a specified purpose.

### Pensions

The charity operates a defined contribution scheme. Contributions are charged in the Statement of Financial Activities as they become payable in accordance with the rules of the scheme.

### Taxation

HM Revenue & Customs considers the CancerCare (North Lancashire and South Cumbria) to be a charity and therefore they are entitled to exemption from tax afforded by Sections 478-489 of the Corporation Taxes Act 2010 to the extent that income is applied exclusively for charitable purposes.

### Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to offset the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.



# Notes to Financial Statements

Year ended March 31, 2022

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## 1 ACCOUNTING POLICIES (continued)

### Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price and are subsequently carried at amortised cost. Financial assets classified as receivable within one year are not amortised.

Financial assets are assessed for indicators of impairment at each reporting end date.

Financial assets are impaired where there is objective evidence that the estimated future cash flows have been affected. The impairment loss is recognised in the statement of financial activities.

Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the company transfers the financial asset and substantially all the risks and rewards of ownership to another entity.

### Basic financial liabilities

Basic financial liabilities, including creditors, are initially recognised at transaction price, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised. Debt instruments are subsequently carried at amortised cost.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities.

Financial liabilities are derecognised when the company's contractual obligations expire or are discharged or cancelled.

## 2 JUDGEMENTS & KEY SOURCES OF ESTIMATION UNCERTAINTY

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

# Notes to Financial Statements

Year ended March 31, 2022

## 2 JUDGEMENTS & KEY SOURCES OF ESTIMATION UNCERTAINTY (continued)

### Key assumptions, judgements and estimates

In the opinion of the Trustees' there have been no significant judgements made in the process of applying the above accounting policies. There have been no key assumptions concerning future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.



The 2021 Cross Bay Walk raised £22k



# Notes to Financial Statements

Year ended March 31, 2022

## 3 INCOME FROM DONATIONS & LEGACIES

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Donations	149,523	-	149,523	115,079
Legacies	360,370	-	360,370	136,057
Grants	38,285	231,743	270,028	469,797
	<b>548,178</b>	<b>231,743</b>	<b>779,921</b>	<b>720,933</b>

At the year end the Trustees had been notified of legacies of approximately £nil (2021: £nil) which do not meet the recognition criteria for inclusion within the current year's financial statements.

In the comparative period income from donations and legacies included £312,778 of unrestricted funds, and £408,155 of restricted funds.

## 4 INCOME FROM TRADING ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Sale of goods	15,551	-	15,551	4,265
Fundraising events	111,590	-	111,590	65,421
Income from lottery	394,205	-	394,205	396,017
	<b>521,346</b>	<b>-</b>	<b>521,346</b>	<b>465,703</b>

All income from trading activities in the comparative period was unrestricted.

## 5 INCOME FROM INVESTMENTS

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Bank interest receivable	-	-	-	10
Other interest receivable	17,549	-	17,549	21,674
	<b>17,549</b>	<b>-</b>	<b>17,549</b>	<b>21,684</b>

All income from investments in the comparative period was unrestricted.

# Notes to Financial Statements

Year ended March 31, 2022

## 6 INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
University Hospitals of Morecambe Bay Charitable Funds	-	33,912	33,912	-
Lancashire North CCG and Cumbria CCG	127,491	-	127,491	127,491
	<b>127,491</b>	<b>33,912</b>	<b>161,403</b>	<b>127,491</b>

All income from charitable activities in the comparative period was unrestricted.

## 7 OTHER INCOME

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
CJRS income	-	-	-	81,599
Other income	933	-	933	1,957
	<b>933</b>	<b>-</b>	<b>933</b>	<b>83,556</b>

All other income in the comparative period was unrestricted.

## 8 EXPENDITURE ON RAISING FUNDS

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Fundraising, advertising and promotion	199,419	-	199,419	158,491
Goods for resale	5,284	-	5,284	1,836
Lottery expenditure	138,744	-	138,744	138,529
	<b>343,447</b>	<b>-</b>	<b>343,447</b>	<b>298,856</b>

All expenditure on raising funds in the comparative period was unrestricted.



# Notes to Financial Statements

Year ended March 31, 2022

## 9 EXPENDITURE ON CHARITABLE ACTIVITIES

	Note	Provision of support for those affected by cancer		Total	Total
		Unrestricted	Restricted	2022	2021
		£	£	£	£
Provision of charitable services		660,477	260,891	921,368	712,762
Support costs	10	340,539	45,218	385,757	277,597
		<b>1,001,016</b>	<b>306,109</b>	<b>1,307,125</b>	<b>990,359</b>

In the comparative period expenditure on charitable activities included £631,198 against unrestricted funds, and £359,161 against restricted funds.

## 10 SUPPORT COSTS

	Unrestricted funds	Restricted funds	Total	Total
	£	£	2022	2021
	£	£	£	£
Wages and salaries	190,349	2,417	192,766	135,803
Other expenses	128,130	147	128,277	86,728
Audit fees	6,750	-	6,750	5,800
Legal fees	13,766	4,601	18,367	20,804
Compliance costs	1,544	-	1,544	1,269
Depreciation	-	38,053	38,053	27,193
	<b>340,539</b>	<b>45,218</b>	<b>385,757</b>	<b>277,597</b>

In the comparative period support costs included £232,901 against unrestricted funds, and £44,696 against restricted funds.

## 11 NET INCOME/EXPENDITURE

	2022	2021
Net income is stated after charging:	£	£
Charity		
Staff pension contributions	28,380	23,718
Payment to Directors for services as Chief Executive	62,452	62,406
Auditors' remuneration		
- audit of the financial statements	6,750	5,800
Depreciation of tangible assets		
- owned by the charity	38,053	27,193

# Notes to Financial Statements

Year ended March 31, 2022

## 12 FUND TRANSFERS

Transfers were made to restricted building funds in respect of all four properties. These transfers reflect spends of previously designated funds set aside by Trustees for the refurbishment and improvement of our existing centres.

## 13 ANALYSIS OF STAFF COSTS, TRUSTEE REMUNERATION AND COST OF KEY MANAGEMENT PERSONNEL

Total staff costs were as follows:	2022 £	2021 £
Wages and salaries	580,773	557,578
Social security costs	41,579	38,970
Pension costs	28,380	23,718
	<b>650,732</b>	<b>620,266</b>

### Particulars of Employees

The average number of employees during the year, calculated on the basis of full-time equivalents, was as follows:

	2022 No	2021 No
Administrative staff	14	14
Direct charity workers	16	14
	<b>30</b>	<b>28</b>

No employee received remuneration of more than £60,000 during the current or prior year.

The number of trustees for whom retirement benefits are accruing under money purchase schemes amounts to nil (2021: 1).

The total amount of employee benefits received by key management personnel, as determined by the charity, is £194,462 (2021: £211,291) during the current period.

The Charity operates a defined contribution pension scheme. The contributions paid into these two schemes in respect of eligible employees for the year ended 31 March 2022 amounted to £23,380 (2021: £23,718).



# Notes to Financial Statements

Year ended March 31, 2022

## 14 TANGIBLE FIXED ASSETS

	Freehold Property	Freehold Property Improvements	Fixtures & Fittings	Equipment	Totals
	£	£	£	£	£
<b>Cost</b>					
At 1 April 2021	975,657	39,531	71,553	5,836	1,092,577
Additions	-	5,228	15,945	9,408	30,581
Disposals	-	-	-	-	-
Transfers					
<b>At 31 March 2022</b>	<b>975,657</b>	<b>44,759</b>	<b>87,498</b>	<b>15,244</b>	<b>1,123,158</b>
<b>Depreciation</b>					
At 1 April 2021	47,778	11,608	12,191	1,315	72,892
Charge for the year	9,757	8,416	16,008	3,872	38,053
Eliminated on disposals	-	-	-	-	-
<b>At 31 March 2022</b>	<b>57,535</b>	<b>20,024</b>	<b>28,199</b>	<b>5,187</b>	<b>110,945</b>
<b>Net book value</b>					
<b>At 31 March 2022</b>	<b>918,122</b>	<b>24,735</b>	<b>59,299</b>	<b>10,057</b>	<b>1,012,213</b>
At 1 April 2021	927,879	27,923	59,362	4,521	1,019,685

## 15 INVESTMENTS

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
<b>Listed investments</b>				
UK Quoted fixed interest securities	89,182	-	89,182	107,102
UK Equities	210,063	-	210,063	286,054
International Equities	251,881	-	251,881	314,448
Alternative investments	112,382	-	112,382	129,023
Cash held as part of investment portfolio	12,302	-	12,302	45,309
	<b>675,810</b>	<b>-</b>	<b>675,810</b>	<b>881,936</b>
<b>Historical Cost</b>			<b>487,195</b>	<b>762,646</b>

# Notes to Financial Statements

Year ended March 31, 2022

## 15 INVESTMENTS (continued)

	Total 2022 £	Total 2021 £
<b>Quoted investments</b>		
Balance brought forward	881,936	857,195
Acquisitions at cost	-	-
Disposals	(250,000)	(120,000)
Change in market value	43,874	144,741
<b>Total investments at 31 March 2022</b>	<b>675,810</b>	<b>881,936</b>

## 16 DEBTORS

	2022 £	2021 £
Trade debtors	7,930	1,157
Prepayments	277,795	13,003
	<b>285,725</b>	<b>14,160</b>

## 17 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade creditors	65,681	52,527
Taxation and social security	12,019	10,940
Other creditors	8,246	5,065
Accruals and deferred income	87,431	73,241
	<b>173,377</b>	<b>141,773</b>

# Notes to Financial Statements

Year ended March 31, 2022

## 18 RESTRICTED INCOME FUNDS: CURRENT YEAR

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
<b>Restricted funds</b>					
Slynedales building fund	461,112	-	(26,197)	25,159	460,074
Lakes centre building fund	352,535	-	(7,423)	1,568	346,680
Barrow building fund	198,718	-	(3,091)	1,642	197,269
Morecambe building fund	4,681	-	(1,342)	2,212	5,551
YPS Development - South Lakes	11,663	-	(1,447)	-	10,216
Domiciliary Care Service	11,379	-	-	-	11,379
Sir John Fisher Foundation fund	2,913	20,000	(23,014)	101	-
Tesco Centenary	1,567	6,250	(7,965)	148	-
Francis C Scott	11,496	14,000	(12,083)	(117)	13,296
Lymphedema	1,885	-	(1,875)	(10)	-
Children in Need	-	10,000	(2,197)	-	7,803
Nationwide	-	9,093	(8,680)	(400)	13
Rosemere/Bay Hosp Charity	-	33,307	(33,447)	-	(140)
Discovery Grant (Digital)	3,875	2,634	(137)	(6,372)	-
YWCA	4,405	-	(2,548)	-	1,857
Global	7,315	29,691	(32,260)	-	4,746
Pappagallino Fund	50,000	-	(49,976)	(24)	-
NL Reaching Communities	-	15,000	(4,998)	-	10,002
Hospital Saturday	-	2,000	(1,997)	(3)	-
Holiday Activities & Food	-	25,200	(9,504)	(6,556)	9,140
Walney Fund	-	12,500	(24,759)	-	(12,259)
Pink Ribbon Foundation	-	4,800	(4,799)	(1)	-
Cumbria Community	-	5,000	-	-	5,000
National Lottery	523	-	-	-	523
Merck (GTR)	7,334	-	(7,334)	-	-
St James Place	7,060	10,000	(8,502)	-	8,558
Duchy of Lancaster	-	2,475	(2,468)	-	7
Lancaster Urgent Response	-	960	(312)	-	648
Skelton Bounty	-	1,234	(1,217)	(17)	-
Cumbria Community (Furness Grants)	-	5,120	(5,099)	(21)	-
Arnold Clarke	-	1,000	(977)	(23)	-
Souter Foundation	-	3,000	(2,997)	(3)	-
Morecambe Town Council	-	10,000	(8,831)	-	1,169
Hadfield Trust	-	5,000	(1,960)	-	3,040
February Foundation	-	5,000	-	-	5,000
Masonic Charitable Foundation	-	1,000	(1,004)	4	-
Areti Charitable Trust	-	2,500	(863)	-	1,637
Banks Lyon	-	5,000	(980)	-	4,020
Nationwide Barrow YP	-	9,639	(620)	-	9,019
Nationwide Lancaster Bereavement	-	9,900	(3,206)	-	6,694
D'Oyly Carte	-	4,352	-	-	4,352
<b>Total funds</b>	<b>1,138,461</b>	<b>265,655</b>	<b>(306,109)</b>	<b>17,287</b>	<b>1,115,294</b>



# Notes to Financial Statements

**Year ended March 31, 2022**

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## **18 RESTRICTED INCOME FUNDS: CURRENT YEAR (continued)**

The Slynedaes Building Fund and the Lakes centre Building Fund are funds created to cover the carrying value of the two properties, being the two buildings from which the charity operates and delivers its services.

The Barrow Building Fund relates to the carrying value of the property in Duke Street, Barrow, which was purchased during the year utilising funds previously designated for the purpose. It was nearing the end of a refurbishment program at the year end.

The Morecambe Building Fund is a fund created to cover the carrying value of items held in a recently leased property from which the charity operates and delivers its services.

The YPS Development Fund is to be spent on developing our service for young people in South Lakes.

The Domiciliary Care Fund is to pay for a domiciliary service for South Lakes residents at end of life.

The Francis C Scott fund is funding to extend the ReFresh action research project in South Cumbria.

YWCA is a grant for the Kendal Re-Fresh project working with young people aged 12-18 years of age.

Global Make Some Noise grant is for helping young people through cancer and loss, with counsellor hours, including provision for working in community settings, room hire for 1:1 counselling sessions, transport budget for a peripatetic counsellor, cost of outreach programmes and cost of youth worker, 20 hours per week.

The National Lottery Community Fund - awarded for community support during COVID-19

St. James's Place Charitable Foundation is a grant for to contribute to the funding of Re-Fresh - a Teen bereavement support programme to include staff salaries and activity costs for peer support groups for young people (aged 12-18) in North Lancashire and South Cumbria area.

Children in Need - Contribution to wage costs of youth worker and case worker for our Re-Fresh project.

Nationwide - Funding for new Morecambe centre

Rosemere/Bay Hospitals Charity - have provided funding to deliver aromatherapy to patients in all three hospitals across Morecambe Bay in the three oncology units and to palliative patients on the ward.

NL Reaching Communities - Sessional costs across all centres

# Notes to Financial Statements

Year ended March 31, 2022

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## 18 RESTRICTED INCOME FUNDS: CURRENT YEAR (continued)

Holiday Activities & Food - Activities and food for our ReFresh Lancaster school holiday provision

Walney Fund - Contribution to rent, sessional costs and wage costs for launch of new Morecambe centre.

Cumbria Community - Funding for Furness area client provision.

Duchy of Lancaster - Sessional costs in Lancaster District.

Lancaster Urgent Response - Money for Covid-safe outdoor therapies.

Morecambe Town Council - Grant towards cost of new Morecambe centre.

Hadfield Trust - Contribution to costs of Action Research worker for Re-Fresh work in Cumbria.

February Foundation - To cover sessional costs.

Areti Charitable Trust - Outdoor residential activities for Re-Fresh project.

Banks Lyon - Contribution to costs of Action Research worker for Re-Fresh work in Lancaster District.

Nationwide Barrow - Support for Re-Fresh work in the Barrow area including element of youth worker salary.

Nationwide Lancaster Bereavement - Sessional costs for bereavement support in Lancaster district.

D'Oyle Carte - Start-up funding for allotment project.

# Notes to Financial Statements

Year ended March 31, 2022

## 19 RESTRICTED INCOME FUNDS: PRIOR YEAR

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
<b>Restricted funds</b>					
Slynedales building fund	434,342	-	(18,349)	45,119	461,112
Lakes centre building fund	359,852	-	(7,317)	-	352,535
Barrow building fund	180,787	-	(1,527)	19,458	198,718
Morecambe building fund	-			4,681	4,681
YPS Development - South Lakes	11,663	-	-	-	11,663
Domiciliary Care Service	11,379	-	-	-	11,379
Sir John Fisher Foundation fund	4,003	40,000	(37,984)	(3,106)	2,913
Tesco Centenary	(6,107)	18,750	(11,076)	-	1,567
Francis C Scott	15,129	14,000	(17,633)	-	11,496
Lymphedema	2,000	-	(115)	-	1,885
Children in Need	4,099	-	(4,099)	-	-
Peoples Project	4,224	-	(4,224)	-	-
Rosemere/Bay Hosp Charity	1,959	-	(1,959)	-	-
Discovery Grant (Digital)	-	8,801	(4,926)	-	3,875
YWCA	-	5,252	(847)	-	4,405
Global	-	28,359	(21,044)	-	7,315
Pappagallino Fund	-	75,000	(25,000)	-	50,000
Cumbria Community Fund	-	10,240	(10,240)	-	-
Lancs Community Fund	-	5,000	(5,000)	-	-
Duchy of Lancaster	-	5,000	(5,000)	-	-
Lancaster CVS	-	1,000	(1,000)	-	-
Lancaster Urgent Response	-	1,000	(1,000)	-	-
Lancaster Bereavement	-	25,000	(24,987)	(13)	-
National Lottery	-	52,208	(51,685)	-	523
Merck (GTR)	-	9,870	(2,536)	-	7,334
St James Place	-	10,000	(2,940)	-	7,060
CAF Resilience	-	98,675	(98,673)	(2)	-
<b>Total funds</b>	<b>1,023,330</b>	<b>408,155</b>	<b>(359,161)</b>	<b>66,137</b>	<b>1,138,461</b>

Funds that still remain in place at the balance sheet date are detailed in note 18, all other previously held funds are detailed below:

The Sir John Fisher Foundation fund represents funding for the development of CancerCare services in Barrow and the surrounding Furness Peninsula.

The Tesco Centenary fund represents funding for counselling for young people, activities and sessions and transport costs.



# Notes to Financial Statements

Year ended March 31, 2022

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## **19 RESTRICTED INCOME FUNDS: PRIOR YEAR (continued)**

The Lymphedema fund represents funding for decongestive lymphatic therapy to people suffering from lymphedema.

The Children in Need funding is supporting the employment of a Youth action research co-ordinator two days per week for three years.

The People's Project is funded by the National Lottery to run a programme of creative, physical and mental wellbeing groups for people affected by cancer in the Barrow and the Furness Peninsular.

The Bay Hospitals Charity Fund have provided funding to deliver aromatherapy to patients in all three hospitals across Morecambe Bay in the three oncology units and to palliative patients on the ward.

Pappagallino Fund - funding for one to one sessions and helpline costs in Cumbria.

CAST Discovery Grant - is a grant towards the development of new digital services for young people.

Lancaster City Council Bereavement Fund - a grant to support those affected by bereavement, for any reason, in the Lancaster District.

MSD 2020 Cancer Community Grant - awarded for research into health inequalities and improving cancer survival rates in the Gypsy, Traveller, Roma Community.

CAF Resilience Fund - to provide counselling and support to people affected by cancer and bereavement, and who were disproportionately impacted by the pandemic.

# Notes to Financial Statements

Year ended March 31, 2022

## 20 UNRESTRICTED INCOME FUNDS: CURRENT YEAR

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	Gains/ (losses) £	At 31 March 2022 £
<b>Designated Funds</b>						
Barrow service provision	116,478	-	(105,529)	(10,949)	-	-
IT upgrade	-	-	-	45,442	-	45,442
YP Project	68,358	-	(13,654)	45,000	-	99,704
Capital Improvement	-	-	-	60,000	-	60,000
Research fund	13,307	-	-	-	-	13,307
Therapists CPD	-	-	(1,390)	10,000	-	8,610
<b>General Funds</b>	749,405	1,215,497	(1,223,890)	(166,780)	43,874	618,106
<b>Unrestricted funds</b>	<b>947,548</b>	<b>1,215,497</b>	<b>(1,344,463)</b>	<b>(17,287)</b>	<b>43,874</b>	<b>845,169</b>

Designated funds are set aside by the Trustees for the following purposes:

Barrow service provision – to meet the predicted deficit during the early stages of service provision in Barrow and the surrounding areas which has now concluded.

IT upgrade – to fund ongoing IT upgrade projects.

YP Project – to meet ongoing project costs associated with research and development of our service provision for young people.

Capital Improvements Fund- to meet the cost of an essential capital improvements program including full refurbishment of several therapy rooms, replacement gutters and fascias for Kendal and Lancaster centres and new PVC front door for Kendal.

Research Fund – to undertake research projects in line with CancerCare's aims and objectives.

Therapists CPD Fund - to support therapists with their CPD. This will allow therapists to undertake training which is out of their reach financially but will benefit our clients significantly.

# Notes to Financial Statements

Year ended March 31, 2022

## 21 UNRESTRICTED INCOME FUNDS: PRIOR YEAR

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	Gains/ (losses) £	At 31 March 2021 £
<b>Designated Funds</b>						
Barrow service provision	145,745	(70)	(28,671)	(526)		116,478
IT upgrade	1,995	-	(1,995)	-		-
Barrow Building Project	20,710	-	(2,388)	(18,322)		-
YP Project	69,119	-	(761)	-		68,358
Capital Improvement	20,209	-	-	(20,209)		-
Research fund	13,307	-	-			13,307
<b>General Funds</b>	516,701	1,011,282	(896,239)	(27,080)	144,741	749,405
<b>Unrestricted funds</b>	<b>787,786</b>	<b>1,011,212</b>	<b>(930,054)</b>	<b>(66,137)</b>	<b>144,741</b>	<b>947,548</b>

Designated funds at the balance sheet date are described in note 20.

## 22 ANALYSIS OF NET ASSETS BETWEEN FUNDS: CURRENT YEAR

	Tangible fixed assets £	Fixed asset investments £	Net current assets/ liabilities £	Long term liabilities £	Total £
Restricted Income Funds	1,012,213	-	103,081	-	1,115,294
Designated Funds	-	227,063	-	-	227,063
General Funds	-	448,747	169,359	-	618,106
<b>Total funds</b>	<b>1,012,213</b>	<b>675,810</b>	<b>272,440</b>	<b>-</b>	<b>1,960,463</b>



# Notes to Financial Statements

Year ended March 31, 2022

## 23 ANALYSIS OF NET ASSETS BETWEEN FUNDS: PRIOR YEAR

	Tangible fixed assets £	Fixed asset investments £	Net current assets £	Long term liabilities £	Total £
Restricted Income Funds	1,019,685	-	118,776	-	1,138,461
Designated Funds	-	198,143	-	-	198,143
General Funds	-	683,793	65,612	-	749,405
<b>Total funds</b>	<b>1,019,685</b>	<b>881,936</b>	<b>184,388</b>	<b>-</b>	<b>2,086,009</b>

## 24 CONTROL AND RELATED PARTY TRANSACTIONS

The charity was under the control of the Board of Trustees' who are also directors for the purposes of company law in both the current and prior period.

No employee benefits were paid to any of the Trustees' during the current or period year except for the payment for services as Chief Executive in the prior year as detailed per note 13.

Travel and related expenses of £nil (2021: £46) were reimbursed to nil (2021: 1) trustee during the year. Insurance costs include £7,764 (2021: £7,712) to cover trustees' and officer insurance.

## 25 COMPANY LIMITED BY GUARANTEE

The company is limited by guarantee. In the event of the company being wound up or dissolved, each member undertakes to contribute such amount as is required, not exceeding £10, for payment of any debts or liabilities.

# References & Administrative Details

## Trusts and foundation grants received in 2021/22

**BAE GAYE Scheme Fund**  
**Banks Lyon Memorial Trust**  
**Barrow Borough Council**  
**Children in Need**  
**Cumbria Community Foundation (Furness Grant)**  
**Cumbria Community Foundation (YP Opportunity Fund)**  
**Duchy of Lancaster**  
**Elizabeth & Richard Wilson Foundation**  
**Freemasons**  
**Holiday Activity & Food Programme (HAF)**  
**Hospital Saturday Fund**  
**Lancaster City Council**

**Morecambe Bay Trust (NHS)**  
**Morecambe Town Council (Grant)**  
**National Lottery Community Fund**  
**Nationwide Colleague Grant**  
**Pink Ribbon Foundation**  
**Sir John Fisher Foundation**  
**Skelton Bounty**  
**Souter Charitable Trust**  
**South Lakeland District Council**  
**St James Place**  
**The Areti Charitable Foundation**  
**The February Foundation**  
**The Hadfield Trust**  
**Walney Extension Fund**



Director of Marketing & Fundraising Emma Athersmith being interviewed by BBC Radio Cumbria at the Barrow Centre

# References & Administrative Details

## Trustees

**The trustees who served office during the year and up to the date of signature of the financial statements were as follows:**

Mr A.S Birchall (Chair) Registered: 8.4.14

Prof G.A Baynes (Vice Chair) 8.4.14

Dr D.J Eaton 4.3.14

Mr P.J Harrison 3.10.16

Mrs K.E Hodgson 3.10.16

Dr K Oliver 3.10.16

Mrs F.J Weir (Treasurer) appointed 8.4.14  
(resigned 5.4.22)

Mrs H.L Caldwell (Treasurer) appointed 5.4.22

Mrs K. Hine 25.3.19 (resigned 5.4.22)

Mrs S. Thompson 14.10.19

Ms A.R Scott (appointed Feb 2022)

### Patron

Lady Ann Shuttleworth

### President

Prof Malcolm McIlmurray

### Vice-President

Mr Robert Webb

### Chief Executive

Ms A Stainthorpe (appointed Jan 2021)

### Company Secretary

Ms A Stainthorpe

### Auditor

MHA Moore & Smalley

Priory Close, St Mary's Gate

Lancaster, LA1 1XE

### Bankers

National Westminster Bank Plc

68 Church Street, Lancaster, LA1 1LN



Trustees Kate Hodgson & Sue Thompson

### Registered charity name:

CancerCare North Lancashire and South Cumbria

### Charity registration number:

1120048

### Company registration number:

6241210

### Registered office:

Slynedales

Slyne Road

Lancaster

LA2 6ST



# Acknowledgements

**The Board of Trustees wish to thank the following for their support:**

Our Patron, President &  
Vice-President  
Our Trustee Board & advisors  
Our volunteers  
Our individual donors and  
fundraisers  
Morecambe Bay Clinical  
Commissioning Group  
Ambleside Drop In group  
Kendal Drop In group  
Windermere Drop In Group  
Members of all Cancer Support  
Groups in Lancaster, Kendal &  
Barrow  
Phoenix Group

## **Our Corporate Supporters:**

Lakeland Limited  
FGH Security  
Joseph A Jones  
SCS Logistics  
Reid Hamilton  
MHA Moore and Smalley

Lancaster BID  
BAE Systems  
Bremont Watches  
VolkerStevin  
ASDA Lancaster, Kendal and  
Barrow  
Arnold Greenwood  
Thomson Hayton Winkley  
Morecambe Bay Wills & Estates  
The Lawn Ranger  
Factored  
Cactus Creative  
EDF  
James Cropper Plc  
Fellside Homes  
R Leisure Hire  
Oxleys  
HSBC  
Nationwide  
Citizen Card  
Local Choice Magazine  
Forth Engineering  
Ian Hudson Car Sales

The Gentry at Highgate  
Ecojiko  
3-1-5 Gym  
Chadwick's Plastics  
Plus all the other local businesses  
who donated raffle and auction  
prizes – thank you!

## **We received Gifts in Wills from the following people:**

Christine Stevenson  
Michael Mumford  
Kathleen Joslin  
Samantha Wyatt  
Julia Hodgson  
Jean Butterworth  
Eric Stanley Stripp  
Stanley Simpkin  
Audrey Ross  
Elizabeth Ann Hargreaves  
Jack Stead





Re-Fresh canoeing on Derwentwater



"Re-Fresh made a massive difference to my life. I was meeting other young people going through difficult stuff and I made a lot of friends through the group. Being with others dealing with the same things as you makes you realise you are not alone and there are others in similar situations and you can help each other."

**Re-Fresh Young People's Peer Support Group Member Alisha Potter**

## **Lancaster Centre**

Slynedales, Slyne Road, LA2 6ST

## **Kendal Centre**

Blackhall Road, LA9 4BT

## **Morecambe Centre**

34 Northumberland Street, LA4 4AY

## **Barrow Centre**

76 Duke Street, LA14 1RX

**Tel:** 03330 150 628

**Web:** [cancercare.org.uk](http://cancercare.org.uk)

